



# MAHI TAHI

## PRESENTATION NOTES AND INFORMATION

### AT A GLANCE

- Summarising points of discussion
- Answered questions at the event.

## PGF SERVICES



### Presentation by Abby Popham (Health Promoter)

- Were previously PGF group with Asian Family Services, Mapu Maia trading together as part of the Problem Gambling Foundation of NZ. The former agencies now are independent and now work alongside them as PGF Services.
- PGF Services offer free counselling to people who gamble or who have been affected by another person's gambling. You can have as many sessions as you need. They are available 24/7 via phone, email, live chat, video calling or in person.
- They can also travel to Timaru, Ashburton, or the West Coast.
- Anyone who reaches out will get a response quickly.
- They now have a peer support role which is the first in the gambling sector.
- Gambling is an area of taboo and shame and PGF Services work really hard to reduce this through their training, policies, resources and messaging by normalising the conversation while de-normalising gambling.
- Their service model He Hapori Ora - A Well Community, is their service model to guide strategic planning, critical evaluation and grounding them in values-based practice and mātauranga Māori in all that they do.
- They have a mana-enhancing practice where their services have a broad approach, and everything goes into working together. They will work with all of whānau not just the person gambling; even if the person gambling isn't ready to work with them.
- There is a significant range of harm with gambling. Raffles, bingo, etc are considered gambling and people will use commodities of all ranges.
- Not all gambling is harmful, and they are not anti-gambling. However, when it is interfering with a person's life by losing focus and thinking about it constantly, while spending irrationally, that is harmful. The continuous nature of gambling is where harm happens.
- \$2.25 billion was spent on gambling in 2021/22
- Electronic gaming machines known as "Pokies" make up 59% of all harm. There are 6 casinos with a total of 3296 machines that cause 10.7% of harm and 1068 class 4 venues with a total of 14,781 machines contributing to 48.3% of harm.

- Pokies have been designed by psychologists to engage our dopamine receptors through lots of positive feedback; lights, sounds etc. This fry's the dopamine reward pathways and reconfigures your brain.
- One Ōtautahi counsellor recognises that approxiamately 50% of her caseload is people under the age of 30.
- When people get the regular gambling stage of the continuum there is a risk even if to some people it doesn't seem like much money, it could be more than they could afford.
- Most support workers are asking about family harm, drugs etc, so you could also ask about gambling. [Screening questions are on the PGF website](#) and can be done by the person discretely.

## Questions

Is there a figure on how much money was paid back to the community via gambling profits?

The figure of \$2.25 billion is the number after all grants paid back to the community. That is the number of everything that is leaving the community. It leaves communities inequitably and comes into communities inequitably.

# Mapu Maia



Presentation by Philip Siataga (Counsellor + Health Promoter)

- Mapu Maia have been operating for thirteen years as a Pasifika provider. They offer support in problem gambling, mental health and addiction.
- Phil's role is to support the Mana Pasifika projects development through evaluation and research, his colleague Lupe provides counselling and health promotion services. Mapu Maia have just established a full-time position in Hastings in response to the recent floods.
- They offer one-on-one counselling and family support work, meeting the client wherever they need. Their services are free and confidential.
- Their health promotion work has seen them give out 23 grants to the community for a range of activities that promote wellbeing such as sport and creative arts.
- All of their initiatives are to support their communities.
- A lot of thought is being put into how they are moving forward and reaching their people.

# Asian Family Services



Presentation by Jerry Dai (Counsellor + Health Promoter)

- Asian Family Services were established in 1998 in Auckland, Wellington and Christchurch for Asian migrants and students. Their services cover gambling harm and mental health.

- NZ is becoming more culturally, linguistically and religiously diverse. Migrants to NZ have increased 30%, with Asian migrants increasing by 3.3%.
- The Asian demographic used to be the third largest ethnic group in NZ, however they are now the second largest and have taken over the Māori population, now accounting for ¼ of the population. This trend will continue to increase in ethnic diversity.
- They use the symbolism of an uprooted tree; when uprooting a tree and putting it into a new environment it would take years for it to adjust. For people, this is the same. It will take three generations to adjust to the new culture and establish a trusting support system.
- Culture includes your thinking, behaviour, and values and people will need many opportunities to integrate into the host country.
- Individualist/Western culture focuses on the nuclear family and traits include self-reliance, assertiveness and independence. Collectivist/Asian culture have a broader definition of family and emphasizes the importance of group harmony, social relationships, and the needs of the community over the needs of the individual.
- Asian suicide rates in New Zealand have increased where other ethnic group stats have decreased. This is likely due to not being able to return home and employment loss over Covid times, loneliness and needing more social support.
- China is a nation of gamblers and in a collectivist culture they like to mingle. This in turn leads to social gambling becoming a norm. It is hard to find the boundary between social gambling and harmful gambling.
- When a casino identifies that a person has a gambling problem, they will ban them from re-entering the premises and may require them to have counselling from the appropriate services. In 2018 there were 720 people excluded from the casino; 10% were Caucasian, 66% were Asian. This stat is particularly concerning as Asian's are only 15% of the NZ population.
- AFS is a nationwide organisation and can provide counselling for general mental health issues. They can offer 3 free mental health sessions, but all gambling related counselling is free. They can provide for linguistic and cultural differences.

## Questions

Has Te Whatu Ora offered an Asian health plan?

Unfortunately, Asian health hasn't been matched in the NZ health plan. Media reported last year that the governing body of Health NZ doesn't have any Asian representation among their 40 Board members. This is worrying as Asian culture is very different but hoping in the future this improves.

Do you have translation services?

Yes, they do. [Digi Language Support](#) provides affordable digital interpreting services in Asian, MELAA, Pacifica and European languages for our Culturally and Linguistically Diverse (CALD) communities across Aotearoa. Their interpreters and translators are NAATI certified and NZSTI qualified. They are currently providing [50+ interpreting/translation languages](#) and the list is expanding. The DLS service covers a broader range of languages and offers more budget-friendly rates compared to similar services available in the market.

They do have an app (as of the publication of this document, the app is temporarily unavailable) but you can still make bookings conveniently through their email or toll-free 0800 number.

Services: Video or telephone interpreting.

Booking: email booking details to [asian.admin@asianfamilyservices.nz](mailto:asian.admin@asianfamilyservices.nz) or call [0800 335 999](tel:0800335999).

Booking details: Date, time, language, phone number and online link if it is for video interpreting.

**\*\*Please allow three working days in advance\*\***

Fees for community-based services and public services:

First 15 minutes = \$20 (minimal charge)

Time that follows = \$15 (per 15 minutes)

When someone is banned from a casino, would they make a referral to services for that person, and would Asian services be offered to Asian clientele?

It is mandatory for the Casino to make a referral and Christchurch Casino is very good at doing this. They will get in touch with any one of the gambling services mentioned today or the Salvation Army. Asian clientele would be referred to an Asian service.

# Kidz Need Dadz



**Presentation by Craig McGuigan (Manager)**

- Craig runs a clinic for Kidz Need Dadz at The Loft every Friday 9am - 1pm. It has been very successful so far.
- He is based at Community House on Lichfield Street but is very mobile as it is better for the people, he works with to go to them.
- His background includes working as a Chartered Accountant for 15 years before becoming a support worker. He is a father of four, having been a solo father from a young age, this has inspired a lot of what he does now.
- He recognises the importance of the collective unit, having a village to support children's wellbeing.
- He has a passion for working with people to improve their mental wellness including physical wellness.
- Kidz Need Dadz is nationwide having started in Wellington. They stemmed from the Union of Fathers back in the early 00s as a political lobby. However, they have come a long way to being much more moderate and work with the system to get outcomes. In 2016 they became Kidz Need Dadz.
- Craig offers lots of one-on-one support and mentoring, connecting with fathers and entire family units. A lot of the work he does comes from concerned family members.
- KND run support groups which are well attended and use a peer support model.
- KND offer opportunities for men to get together and connect while doing something positive for the community such as early morning skate park clean ups. Craig also runs a weight session which links into his passion of physical activity promoting mental wellness while offering opportunities for connection with men in similar circumstances.



- Craig supports men through the family court process who may or may not have legal representation. He helps fill in affidavits, go to court as a support person, help navigate the family court process, breaking down those barriers.
- Men can do courses on fatherhood through KND. It can be sent via email, and they get a certificate at the end.
- KND run events to promote connection. These aren't just for fathers and children, but also try to bring the whole family together.
- Their 0800 line is available but not a crisis line. Many times, this will be the first point of contact and is a chance to connect with that person.
- Craig does a lot of referrals to other agencies and will connect his clients to the right person if he can.
- Case study 1: a man who hadn't seen his children in 18 months due to neither party wanting to engage in the process. Craig engaged with the father and did a roundtable process with lawyers, support people, and mother working on re-focusing on what is actually important - the children. When having that conversation, it connects and makes progress meaning they could develop a pathway to having the kind of involvement the parents want.
- Case study 2: An 18-year-old father struggling with fatherhood, his self-esteem having fallen after baby came. Craig helped to show him some basic skills on how to be a father and helped him work on himself, improving his lifestyle so he can positively contribute to the family.
- There is currently no waitlist. Craig is currently managing the demand, but he is a team of one at the moment.
- Connection is the key aspect of Craigs work as there is limited support for men and once the connection is lost, everything starts falling over. He keeps the focus on the children at the center and will get the support around the parents so they can keep them in mind.



# PGF SERVICES

*Counselling Advice Support*

**Abby Popham – Pou Hiwa / Health Promoter**

**Abby.Popham@pgf.nz**

# Ko wai mātou | Who we are



**Asian Family Services**  
*Together enriching lives*



**Mapu Maia**  
*Providing Help, Enriching Lives.*



**PGF SERVICES**  
*Counselling Advice Support*



**PGF GROUP**

Healthy and resilient communities in a just society

are part of the  
**Problem Gambling Foundation of NZ,**  
trading as PGF Group



**PGF SERVICES**  
*Counselling Advice Support*

# Manaaki Tāngata | Clinical Practice and Referrals



Available 8.30am - 5.00pm  
Monday to Friday



Accessible by phone, email,  
live chat or video calling



Provided to friends, whānau and  
colleagues as well



Culturally appropriate and  
mana enhancing



Includes peer support



Free, professional and  
confidential



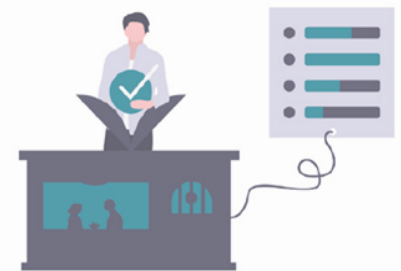
Our dedicated public health team connect with communities to raise awareness of gambling harm and support wellbeing. We can also provide:



Online education and training to identify and screen for gambling harm



Guidance to develop organisational policies on gambling harm



Fact sheets, briefings and other digital resources

# He Hapori Ora | A Well Community

Social justice

Innovative

## RANGINUI

Treaty of Waitangi

People-centred

Families & communities are healthy & resilient in a just society  
Preventing and Minimising Gambling Harm

Professional

Courageous

## TĀNE

Health Strategies

Clinical Services

Cultural Support

Supervision/Support

Public Health

Methods/theories

ENGAGING

WHĀNAU

Peer support

Protection

Hui Kaitiaki

Consumer Voice

Evaluation

Collaboration

Co-location

Digital Tools

Referral Processes

ACCESS AND CHOICE

## PAPATŪĀNUKU

Enhancing the mana of individuals & communities to be free from gambling harm



# He aha te mahi petipeti | What is gambling?

Staking an item of value or money on the outcome of a game or event that is determined by chance”

(Adapted from H.W Boyd in Alex Blaszczynski, “overcoming compulsive gambling: A self help guide using cognitive behavioural techniques)

The act or practice of risking the loss of something important by taking a chance or acting recklessly.

<https://www.dictionary.com/browse/gambling>



**PGF SERVICES**  
Counselling Advice Support

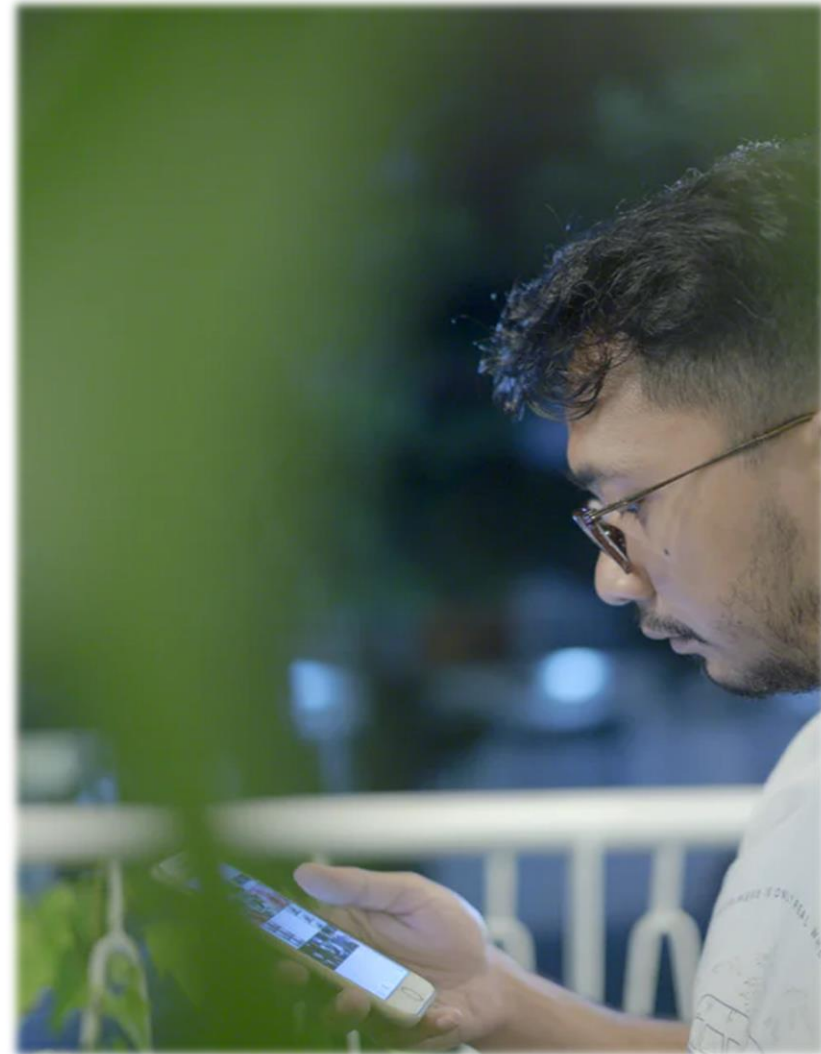


**The Ministry of Health defines harmful gambling as:**

Patterns of gambling behaviour that compromise, disrupt or damage health, personal, family or vocational pursuits.

**The Gambling Act 2003 defines a harmful gambler as:**

“A person whose gambling causes harm or may cause harm.”

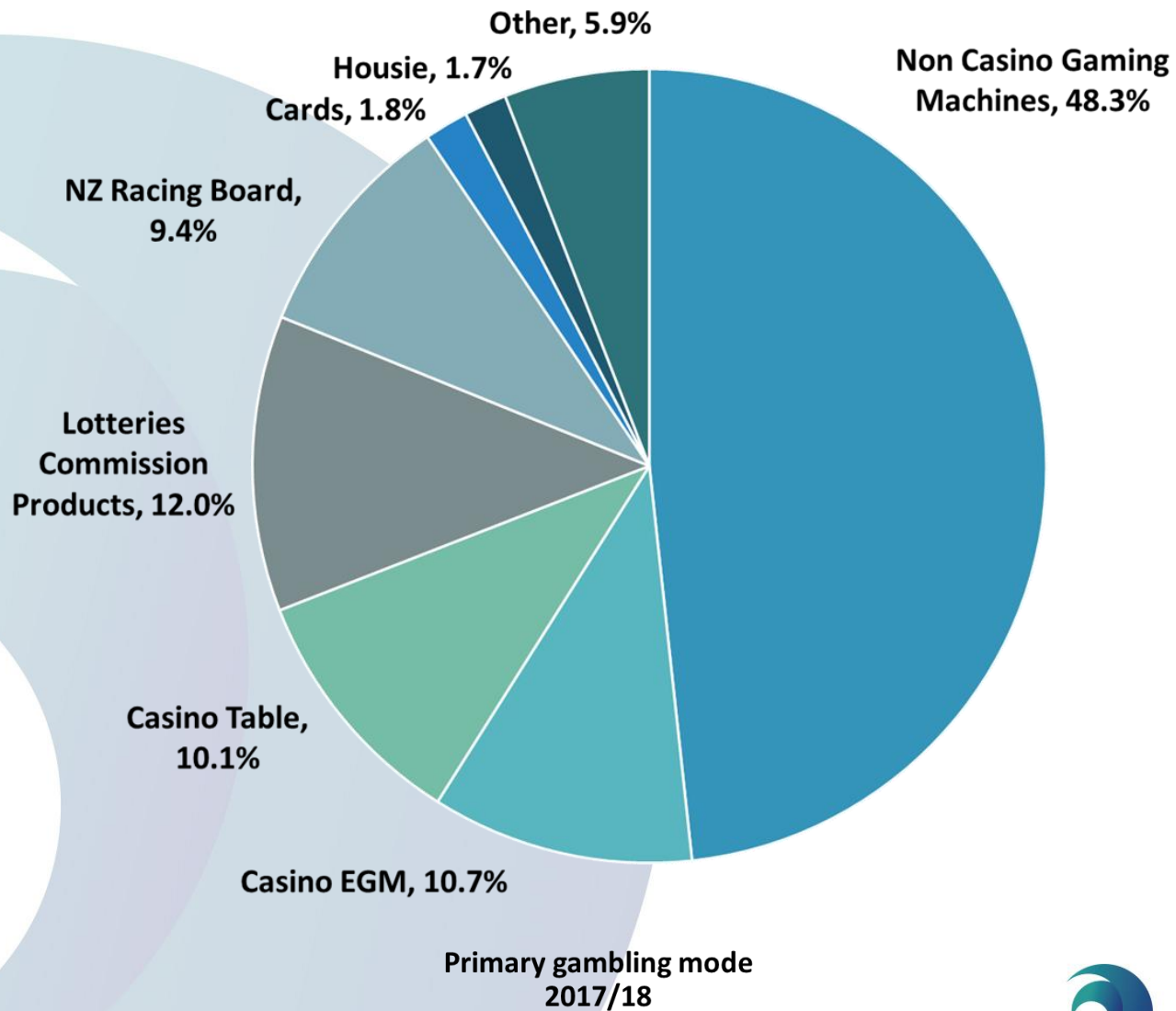




**\$2.25  
Billion**

2021/22 (year to 30 June) expenditure stats across the four main types of gambling in NZ  
(TAB, NZ Lotteries, Gambling machines outside casinos, Casinos)

This is the total amount lost by gamblers, does not include the sums paid out in wins



Money lost on pokies in 2022

\$1,014,581,834

Lost on pokies this year\*

\$351,430,966

Lost on pokies today\*

\$1,346,086

Class 4 gambling venues

1028

Pokie machines nationwide

14,503

\*Estimate based on DIA data



The most harmful form of gambling  
[Current Regional Stats](#)

# Christchurch City

**\$89,357,054**

**➤ Lost on Class 4 pokies in the 2022  
calendar year**

**1281**

pokie machines

**79**

pokie venues



# Pehea tēnei i whakamahi | How they Work

**Bright, flashy displays.** Pokie machines are animated and look entertaining!

## Solitude

It's just you and the machine. People often talk about a mental state called 'the zone' where you lose all sense of self and time when playing the pokies. It is the uninterrupted play and solitude that keeps you in the zone.

## Comfy seats

Yes, even the seats are comfortable enough to make you want to play longer....



**Lots of positive feedback** If you win, (even if the amount is less than what you put into the machine), there will be bells and whistles going off as if you've won Lotto!

## Continuous

Pokies are particularly harmful because they are a continuous form of gambling – you don't have to wait long to get a result. You push that button and get a result within seconds. And you can keep going – just press the button and play again.

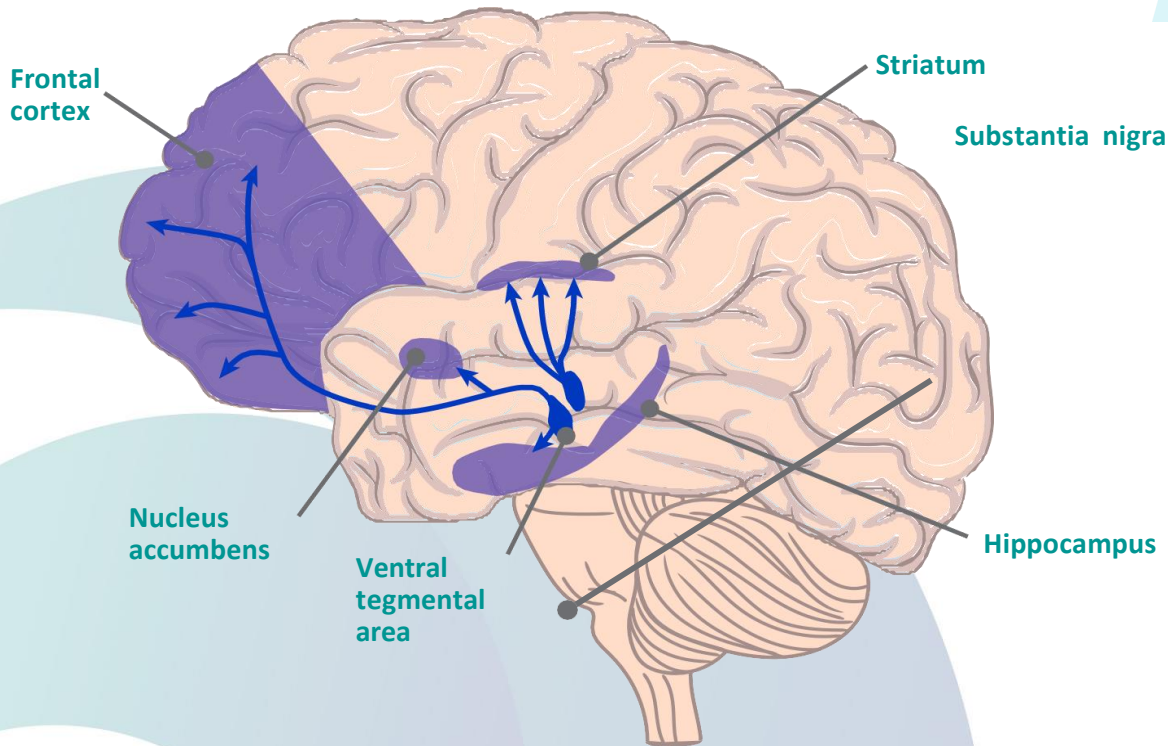
## Credits...not dollars

The machines use 'credits' rather than dollars that you can cash out later. That means it's easy to lose track of how much you have actually lost.

## Near-win effect

Pokie machines are designed to capitalise on the "just keep trying, you're nearly there" effect. This keeps the gambler playing longer and longer even when they are losing.





## Dopamine Pathways =

- Pokies play havoc with the reward system
- Fuelled by the neurotransmitter, dopamine
- Hijacks the 'logic' brain and rewards the brain with a feeling of satisfaction
- Affect **may not** be linked to a 'win'
- Bell-ringing and light flashing is felt as good news leading to wanting more
- Dopamine cements a pleasurable memory.

### Functions

- Reward (motivation)
- Pleasure, euphoria
- Motor function (fine tuning)
- Compulsion
- Preservation



# Te Ara Petipeti | The Gambling Continuum



Low Risk

High Risk



**PGF SERVICES**  
Counselling Advice Support



# Ngā tohu o mate petipeti | Signs of harmful gambling



***Hiding bills or  
unpaid debts***



***Exaggerating wins  
and/or minimising  
losses***



***Borrowing for  
gambling***



***Spending a lot of time  
gambling, or thinking  
& planning to gamble***



***Lying about time  
or money spent on  
gambling***



**96% of people experiencing gambling harm don't seek help ... what would help?**

Screening and ongoing conversations that ensure gambling & associated risks become a part of everyday assessing in all health services

**Online self-screen**

<https://screener.pgf.nz/gambling-survey>

**CHAT Screen**

**Eight Gambling Screen**

**Whaanau Screen**



## Case-finding and Help Assessment Tool (CHAT)

**Answering "yes" to either of these 2 questions indicates gambling harm**

Do you sometimes feel unhappy or worried after a session of gambling?

No Yes

Does gambling sometimes cause your problems?

No Yes

### Case-finding and Help Assessment Tool (CHAT)

PLEASE TICK THE ANSWER THAT IS NEAREST TO CORRECT FOR YOU

How many cigarettes do you smoke on average a day?

None  Less than 1 a day  1-10  11-20  21-30  31 or more

Do you ever feel the need to cut down or stop your smoking (Tick no if you do not smoke)

No  Yes

Do you ever feel the need to cut down on your drinking alcohol?  
(Tick no if you do not drink alcohol OR do not feel the need to cut down)

No  Yes

In the last year, have you ever drunk more alcohol than you meant to?

No  Yes

Do you ever feel the need to cut down on your non-prescription or recreational drug use?  
(Tick no if you do not use drugs OR do not feel the need to cut down)

No  Yes

In the last year, have you ever used non-prescription or recreational drugs more alcohol than you meant to?

No  Yes

Do you sometimes feel unhappy or worried after a session of gambling?  
(Tick no if you do not gamble OR do not feel unhappy about gambling)

No  Yes

Does gambling sometimes cause your problems?

No  Yes

Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?

Not at all  Several days  More than half the days  Nearly every day

Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?

Not at all  Several days  More than half the days  Nearly every day

Over the last 2 weeks have you been worrying a lot about everyday problems?

No  Yes

Is there anyone in your life of whom you are afraid or who hurts you in any way?

No  Yes

Is there anyone in your life who controls you and prevents you doing what you want?

No  Yes

Is controlling your anger sometimes a problem for you?

No  Yes

As a rule, do you do less than 30 minutes of moderate or vigorous exercise (such as walking or sport) on 5 days of the week?

No  Yes

# Eight Gambling Screen

## Early Intervention Gambling Health Test (EIGHT)

Developed by Dr Sean Sullivan  
Abacus Counselling & Training Services Ltd

Answering “Yes” to four  
or more indicates that  
gambling may be  
causing harm and  
support should be  
sought

Sometimes I've felt depressed or anxious after a session of gambling.	<i>Yes / No</i>
Sometimes I've felt guilty about the way I gamble.	<i>Yes / No</i>
When I think about it, gambling has sometimes caused me problems.	<i>Yes / No</i>
Sometimes I've found it better not to tell others, especially my family, about the amount of time or money I spend gambling.	<i>Yes / No</i>
I often find that when I stop gambling I've run out of money.	<i>Yes / No</i>
Often I get the urge to return to gambling to win back losses from a past session.	<i>Yes / No</i>
I have received criticism about my gambling in the past.	<i>Yes / No</i>
I have tried to win money to pay debts.	<i>Yes / No</i>



Affected Other Screen			
Do you think you have ever been affected by someone else's gambling?			
Never (skip next section)	Not Sure	Yes In the past	Yes Currently
What type of gambling did they do?			
Can you answer the following questions?			
It doesn't affect me any more			Yes
I worry about it sometimes			No
It is affecting my health			
It is hard to talk with anyone about it			
I am concerned about my or my family's safety			
I'm still paying for it financially			
It affects me but not in any of these ways			

**Answering "yes" to any of these questions indicates gambling harm**

## Professional referrals

Please use this form if you are a GP or professional and wish to refer a person to PGF Services.

### Client info

First name:

Last Name:

Client's phone number:

Client's email address:

Does the client give permission for a PGF counsellor to contact them?:

Yes  No

Does the client prefer to be contacted by phone or email?

Phone  Email

### Referrer info



**0800 664 262**

to speak to a duty counsellor

**help@pgf.nz**

for email support

**5819**

text support

**www.pgf.nz**

Live chat and more information

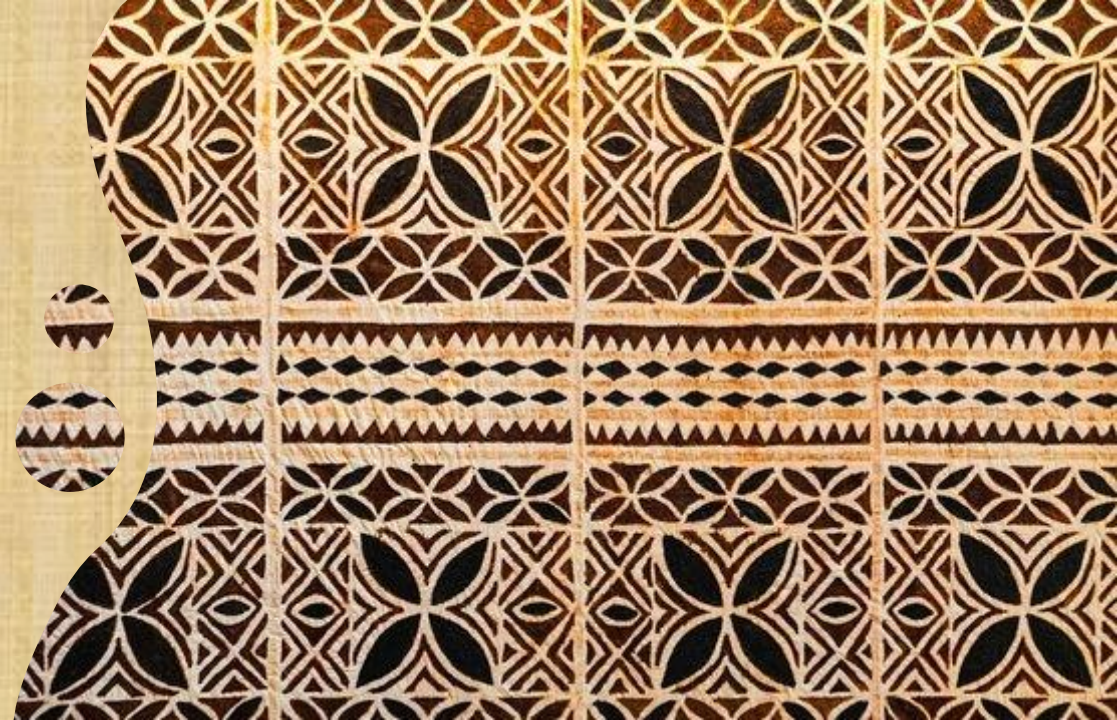




Counselling  
Health Promotion  
Community Wellbeing

2023

The Loft





# Where are we?

- **Tāmaki Makaurau**/Auckland
- **Te Whanganui a Tara**/Wellington, Levin, & Porirua
- **Ōtautahi** / Christchurch
- **Heretaunga**/ Hastings





## **Counselling - What we offer**

**specialise in problem gambling and addictions**

**One-to-one (in person, phone, zoom)**

**Working with the family**

**Groups offered in certain areas**

**Current languages offered:  
Samoan, Tongan, Fijian,  
English, A.I**

**Home-visits**

**Neutral site**

**Tai'ala support**



# THE TEAM

**Auckland Team** Gerhart Berking, Ifo Faanana, Pesio Ah-Honi, Lisa Ah-Honi- Uini & Siosuia Kailahi



**North Isand Staff & Members** James Bloomfield,(Auckland team) Maria Koleti Samu, Anthony Leaupepe, Pesio Ah-Honi, Siosuia Kailahi & Kau Sandys







# Ōtautahi Christchurch Team

Philip Siataga & Lupe Asi





HEALTH PROMOTION

TANOA COMMUNITY GRANT

**MANA PASIFIKA**

*Pasifika for Pasifika with Pasifika*

[www.mapumaia.nz/mana-pasifika](http://www.mapumaia.nz/mana-pasifika)





# MANA PASIFIKA - 1 JAN - 30 JUN 2023 PARTNERSHIP CALENDAR



RAINBOW

27 - 28 JAN

## MANIORO HAWKE'S BAY

Manioro was a celebration and amplification of our MVPFAFF+ and Takatapu communities in the Bay of Plenty. With over 1500 attendees from across Aotearoa, it focused on empowering and supporting our Pasifika rainbow community with overall hauora. From this multiple pieces of content and storytelling are being utilized and created.



AUCKLAND 6 B.O.P.

FEB - APR

## FLOOD RESPONSE

Working with both community and NGO groups, we assisted our Pacific communities in Auckland and Hawke's Bay with flood response to address both their immediate needs and long term mental health and wellbeing. This was through content, and community engagement.



13 - 18

8 - 11 MAR

## STRANDS OF TALANOA

provides a safe space for rangatahi to express their lived experience of being Pasifika and/or Māori in school. We want youth to tell their story using their craft: drawing, poetry, storytelling – how people choose to share is up to them. We kicked off the Strands of Talanoa movement at this year's ASB Polyfest



5 - 12

27 - 31 MAR

## LET'S SIVA

Another of our ongoing partnerships of the Educational Dance Programme that aims to shift mindsets and inspire Aotearoa's tamariki and rangatahi using the art of dance. Part of the Let's Siva vision is to remind youth to dream big and stay resilient. Let's Siva recently spent a week down in Christchurch and this week will be based in Porirua.



25 - 40 MALE

FEB - APR

## UMU COLLECTIVE

A community initiative focussed on wellbeing and mental health using the traditional art of umu. Umu Collective use traditional cooking methods to engage and provide a safe space for our Pasifika men to talanoa about their language, customary methods and overall health and wellbeing.



50+

6 MAY

## PROJECT VILLAGE

provide education and support to whānau with family members suffering from dementia, stroke and other disabilities. We are in the process of creating resources in collaboration with Project Village in all 9 Pacific languages, the resources are focused on a multi-generational approach to reduce distress both for our elders and the aiga who support them. An upcoming event for Project Village will be held in Porirua



DISABLED PERSONS

MAY - JUN

## P.A.S.G. ENGAGEMENT

We have partnered with the Pacific Autism Support Group to deliver wellbeing initiatives and raise awareness of Autism in our Pasifika community. PASG will be supported by us to deliver Silent Discos across Auckland, Wellington and Christchurch. The environment provided will meet the sensory needs of both children and young adults and will include storytelling from a young Pasifika male with autism transitioning into independence.



12 - 18

DEC - JUN

## WIKI YOUTH PROGRAMME

An ongoing partnership since the start of Mana Pasifika that we will continue to support. Based in Otara, The Wiki Youth Programme focusses on mental and physical



PARENTS

DEC

## OUTSOLE XMAS DROP

Following on from the community sneaker drive in July, we were able to partner with Clean for a Cause to deliver 700 refurbished pairs of shoes



10 - 18

FEB

## SIAOPO & DIGITAL ART WORKSHOP

A workshop focused on modern and traditional approaches to art and expression. Focusing on a tamariki and rangatahi perspective, these workshops



AIGA

11 APR

## NORTH HARBOUR PACIFIC COLLECTIVE

A one-off youth sports day held on 11 April @ AUT Stadium for our Pasifika communities located in the North Harbour region. The day will feature



14 - 30

APR

## N.U.O.W.T.R CREATIVE

A creative partnership with Ngā Uri o Whiti Te Rā Mai Le Moana Charitable Trust. We will be creating a piece of content that amplifies the intersection of



18 - 35 MALE

APR - DEC

## NINETY-FIVE COLLECTIVE

This partnership sees us working with the Ninety5 Collective, a group of Pasifika men based in South Auckland. We will be empowering them to create a



16 - 35

JUN

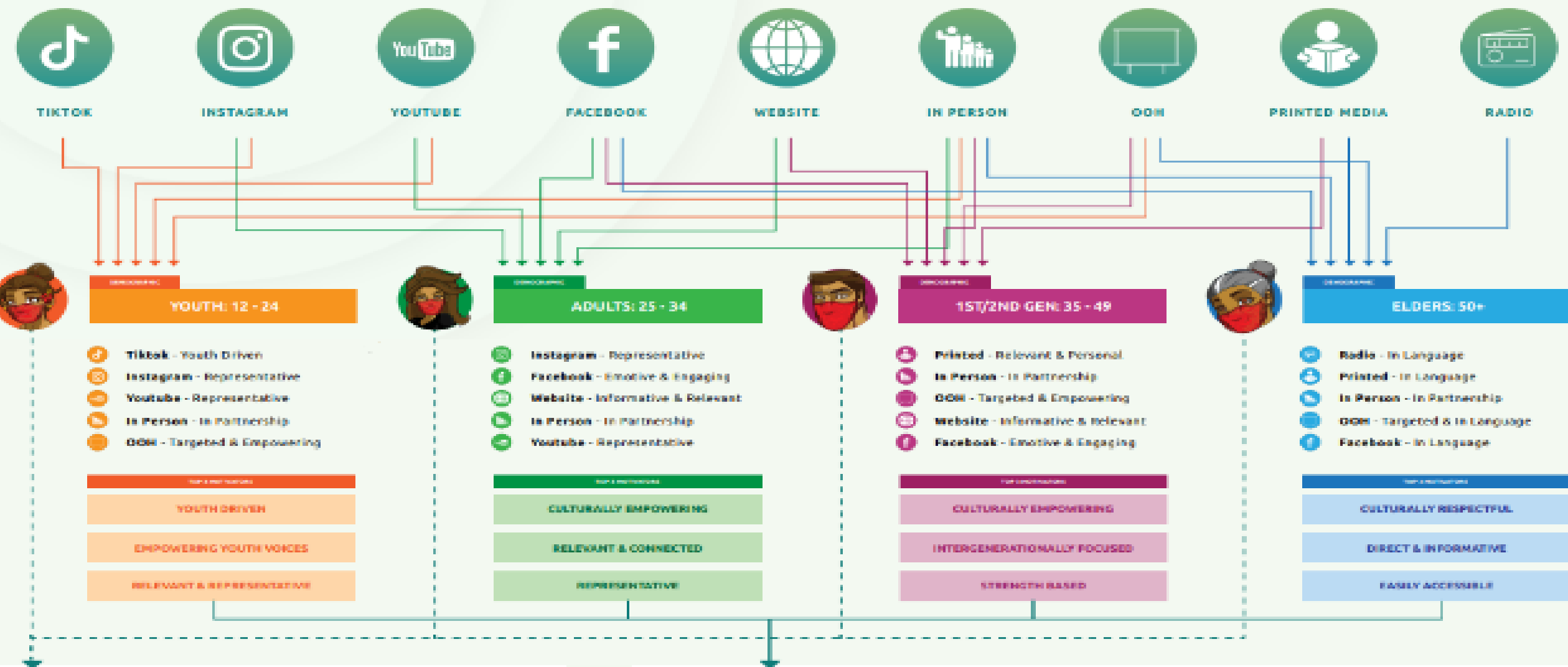
## PASIFIKA CARVING WORKSHOP

A creative workshop using different mediums to focus on Whakairo from a collective Pacific perspective. Working with a Pasifika carver trained

# THE PASIFIKA EQUITY ENGAGEMENT MODEL

THE MANA PASIFIKA  
MODERN VILLAGE OF WELLBEING

The Equity Engagement Model outlines an implementation framework that works to remove barriers to Pacific people accessing health and wellbeing psychosocial messages through co-designed approaches, targeted platforms and media. It combines our key traditional values of Alofa (Love), Tausia (Service/To Service), Fia'aloalo (Respect), Aiga (Family) and Vā Pasifika (Relationships) with modern approaches and platforms to truly create sustainable and measurable change. An approach that is by us, for us, with us.



## CREATING SUSTAINABILITY - EMPOWERING LEADERS

The entire of this approach is to create equitable solutions for our people. To do so we need long term sustainability that comes from within the community. This approach focuses on identifying thought leaders across three individuals and

## IN DEPTH SUCCESS METRICS

Standing up and being accountable is also a key part of this approach. This approach has been developed with high level quantitative and qualitative data analysis that is applied through a cultural lens by marketing experts





# Community Presence Pacific Series

Gerhart Berking & Philip  
Siataga







**Counselor/Health promoter Sosh sharing with Warrior Juniors.**

**Youth Workshops around problem gambling in Tamaki Mākaaurau.**



**Mapu Maia**  
Providing Help, Enriching Lives.







# EASTERN EAGLES

## ARANUI

Phil Borrell  
Wiremu Gray  
Phil Siataga  
Lupi Asi  
Gerhart Berking



# uprising Hauora experience

## Well-being in Schools



Allister Ngawati-Saaivao  
Let's Siva



Te Whare Mauri Ora



Wiremu Gray  
Mana Facilitation









SHE IS NOT YOUR REHAB PRESENTS

FREE KAI / CONNECTION / REAL TALK

# Christchurch Monthly Mens Collective



SPECIAL GUEST

**PHIL BORELL**

HOSTED BY

**MATT BROWN + PHIL SIATAGA + NICKY SOFAI**



STARTS AT 7PM - 1ST SEPTEMBER

MY FATHERS BARBERS / 93 RICCARTON RD

**FREE ENTRY**

**ALL ARE WELCOME**



[www.facebook.com/sheisnotyourrehab/](https://www.facebook.com/sheisnotyourrehab/)





**WHAT'S  
ONLINE  
GAMBLING  
GETTING IN  
THE WAY  
OF?**

# GAMBLING HARM

One in five Pacific youth worried about the level of gambling at home, and one in nine experienced at least one household problem from that gambling.<sup>2</sup>

Pasifika make up 21% of all people seeking treatment for gambling harm.

Māori and Pacific more likely to be at risk of future harm than other ethnic groups.

There is a strong correlation between gambling, and family, whānau or partner violence for women and children.

Women, commonly primary caregivers within family or whānau, are particularly vulnerable to the economic strain caused by problem gambling.<sup>1</sup>







When it  
stops being  
fun.....



# PASIFIKA YOUTH

ONLINE GAMING & GAMBLING RESEARCH:

"Are online video games a  
gateway to problem gambling  
among Pasifika youth?"

**11.9%**

**Pasifika AGED 16+ ENGAGE WITH  
ONLINE GAMBLING**

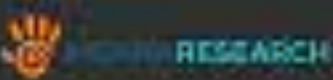
**20.5%**

**Pasifika AGED 16+ ENGAGE WITH  
ONLINE GAMBLING**

**2.69 billion gamers in the world**

**Two-thirds of New Zealanders play video  
games highest proportion of gamers  
between 5 and 34 years**

FOR MORE INFORMATION VISIT US AT [WWW.MAPU.MAAI.CO.NZ](http://WWW.MAPU.MAAI.CO.NZ)







**apu Maia**  
Providing Help, Enriching Lives.

# ONLINE GAMING & GAMBLING

YOUTH WORKSHOPS

DACIA  
PASIFIKA  
**PASIFIKA  
YOUTH**  
ONLINE GAMING & GAMBLING  
"Are online video games a  
gateway to problem gam  
among Pasifika youth?"





MARKET SHARE FOR THE GLOBAL SMART PHONE MARKET



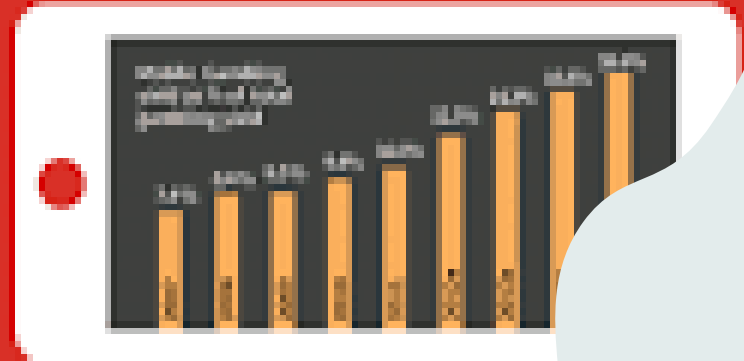
2012

2016

### MOBILE GAMBLING GROWTH

Mobile gambling market set to be worth

**\$100** by 2017  
**BILLION**



**Online gambling** is a growing issue that poses risks to those who engage in it. Online gambling is accessible 24/7, so it can be easy to lose track of time and money that you have spent.



**Signs of online gambling harm** include struggling to take breaks, spending more money than you can afford, chasing losses and putting less time into family and culture..



**20.5% of Pacific peoples in New Zealand** aged over 16 years engaged with online gambling in 2020. Almost double (11.9%) compared to 2018\*.

*\*Health and Lifestyles Survey (2020) Te Hiringa Hauora*

**Faáfetai tele lava for  
the opportunity to  
share our hearts and  
some of our mahi with  
you .**

**OUR STORIES,  
OUR COMMUNITY,**

**OUR  
VOICE:**





Te Hurihanga o Rangatahi  
**The Youth Hub**



# Asian Family Services

**Jerry Dai PhD**

**Health Promoter/Counsellor**

**Asian Family Services**

**Web: [www.asianfamilyservices.nz](http://www.asianfamilyservices.nz)**

**Freephone: 0800 862 342**

**Email: [jerry.dai@asianfamilyservices.nz](mailto:jerry.dai@asianfamilyservices.nz)**

**Address: The Loft, Eastgate Shopping Centre, Christchurch 8062**



**Asian Family Services**

*Together enriching lives*

## **About Asian Family Service**

**Established in 1998**

**Offices in Auckland, Wellington and Christchurch**

**New Zealand's only service provider for Asian people who are affected by gambling harm and providing more social and mental health services nationwide**

**Working with Asian families and communities to be healthy and resilient**

**Dedicated to fostering the unity and harmony in Aotearoa**



# Diversity of New Zealand Population | Census 2018

180

Ethnicities  
in New Zealand

176

Spoken Languages  
in New Zealand

157

Religions  
in New Zealand

15%

707,598

Asian

*Increased 33%*

1.5%

70,332

MELAA

*Increased 35.1%*

24%

1,362,928

Overseas Born

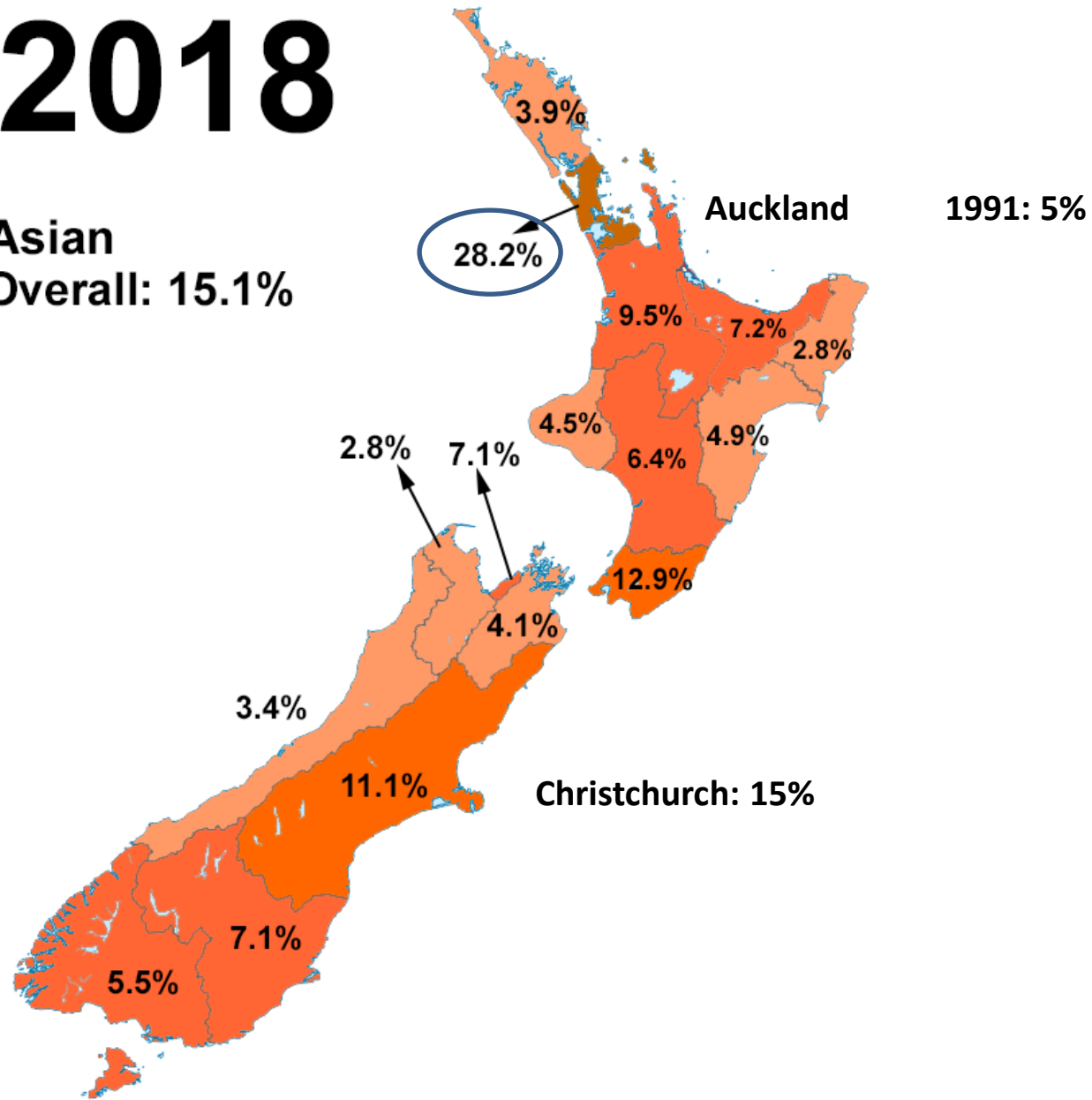
*Increased 35.1%*

<b>Ethnic group</b>	<b>2013</b>	<b>2018</b>
European	74%	70.2%
Māori	14.9%	16.5%
Asian	11.8%	15.1%
Pacific peoples	7.4%	8.1%
Middle Eastern/Latin American/African	1.2%	1.5%
Other ethnicities	1.7%	1.2%

**↑ 3.3%**

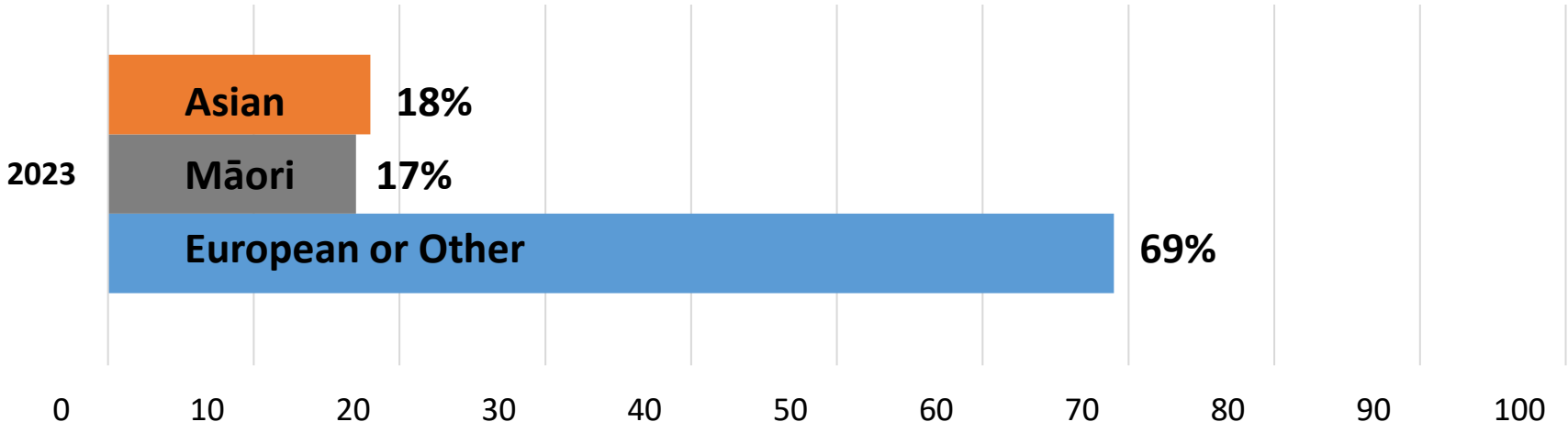
# 2018

Asian  
Overall: 15.1%



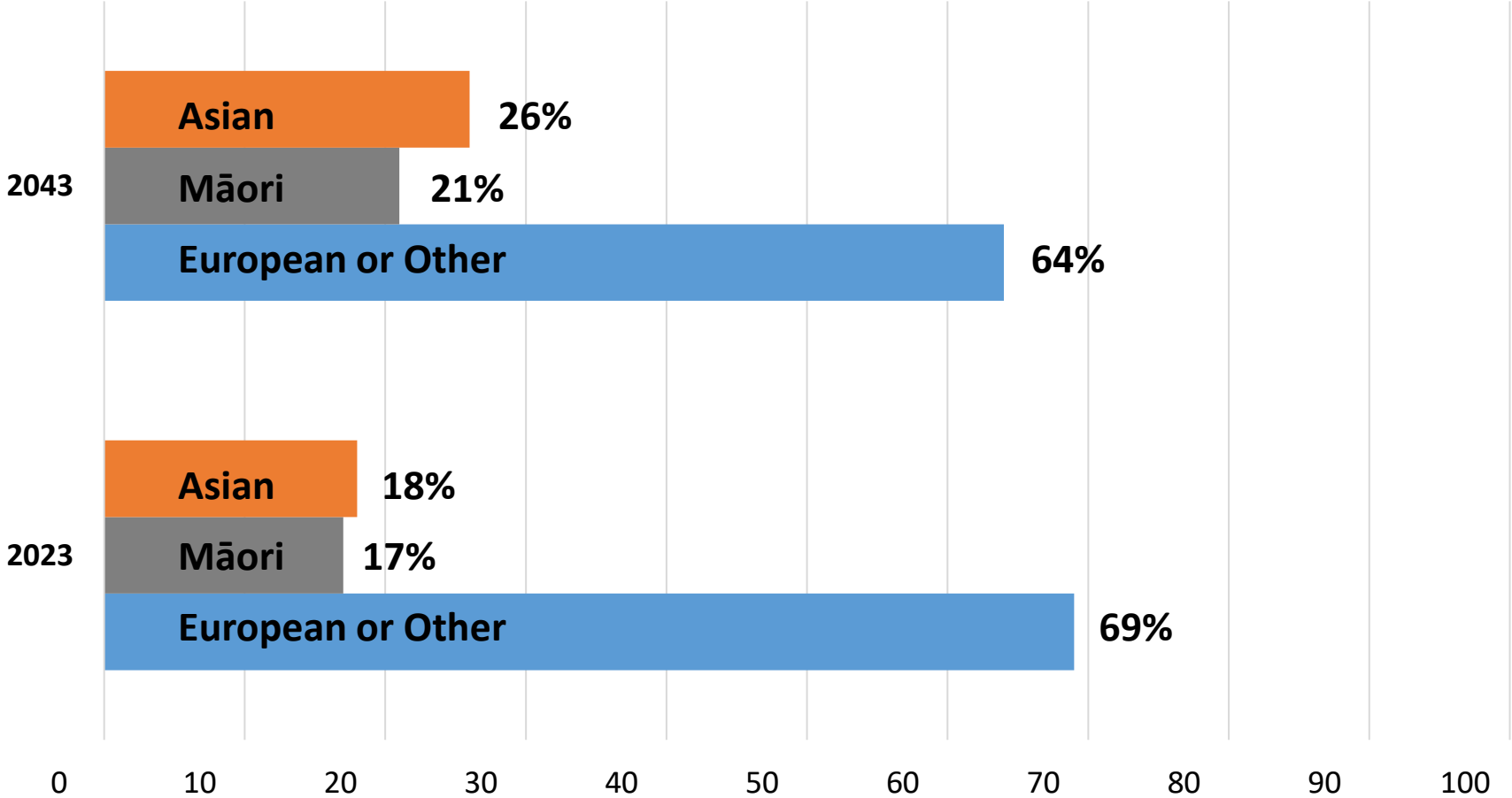


# Projected NZ Population by Ethnic Group



Source: stats.govt.nz

# Projected NZ Population by Ethnic Group

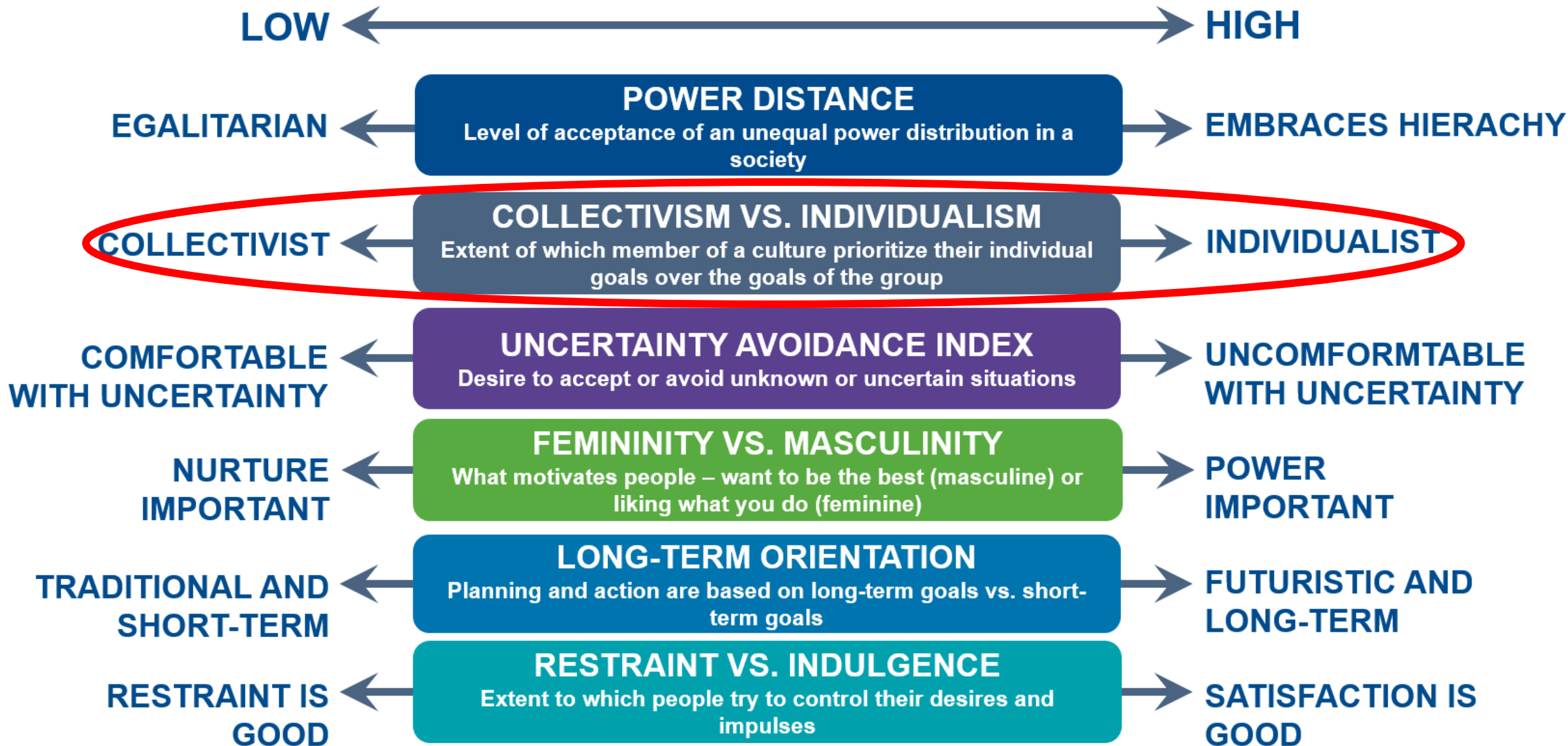


Source: stats.govt.nz





# Geert Hofstede's Cultural Dimensions Theory



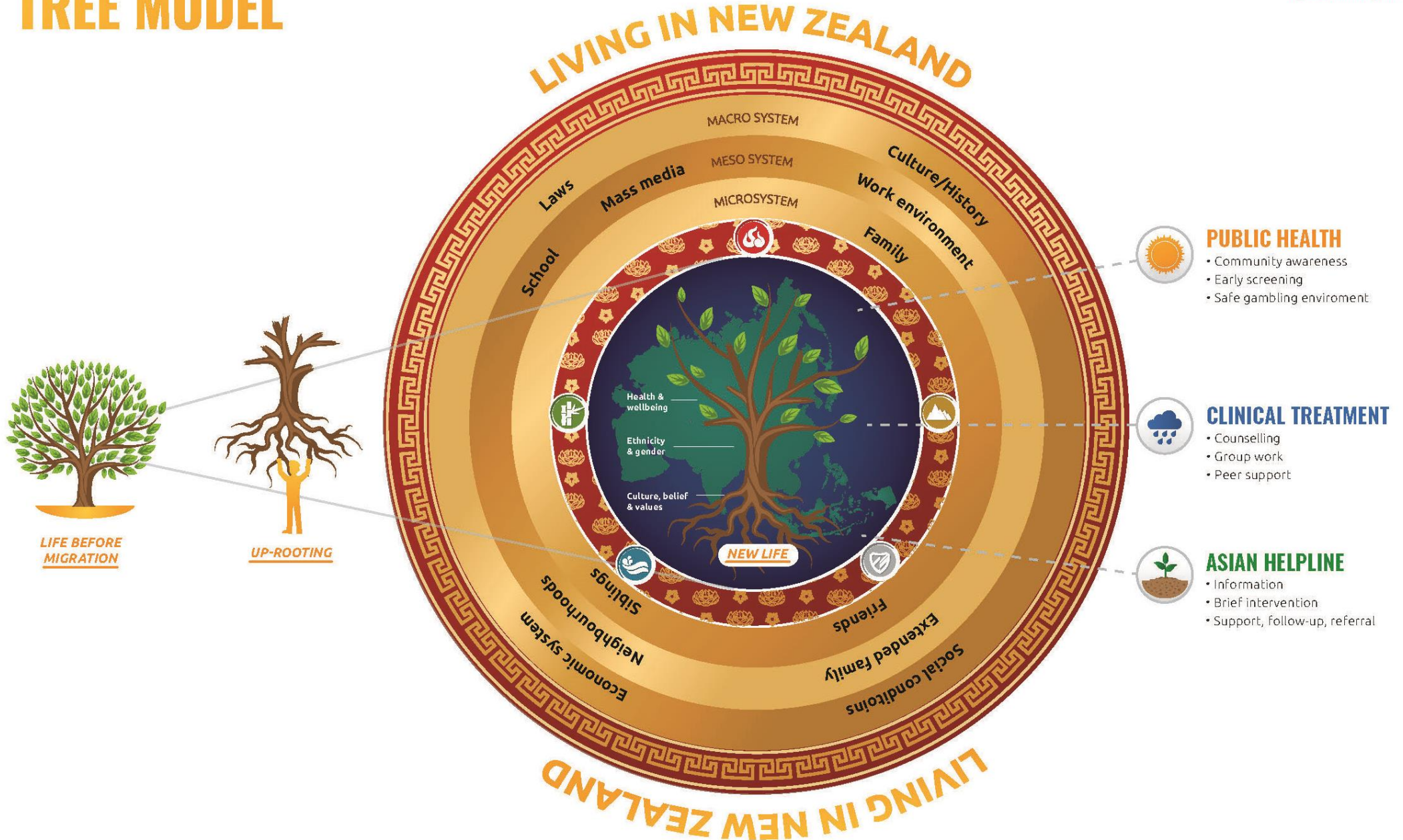
# Traits of Individualistic Cultures



# Traits of Collectivistic Culture



# INTEGRATED TREE MODEL





# Challenges of Migration

New language

Loss of social networks and extended family

Adjusting to new protocols, rules, policy and legal system

Adjusting to a different physical environment and climate

Financial strain – unemployment and re-location costs

Loss of status

Role reversal conflicts

Discrimination

Acculturative stress / homesickness

Mental Health & Addiction issues

Family Violence

# Why Asian Gamblers?

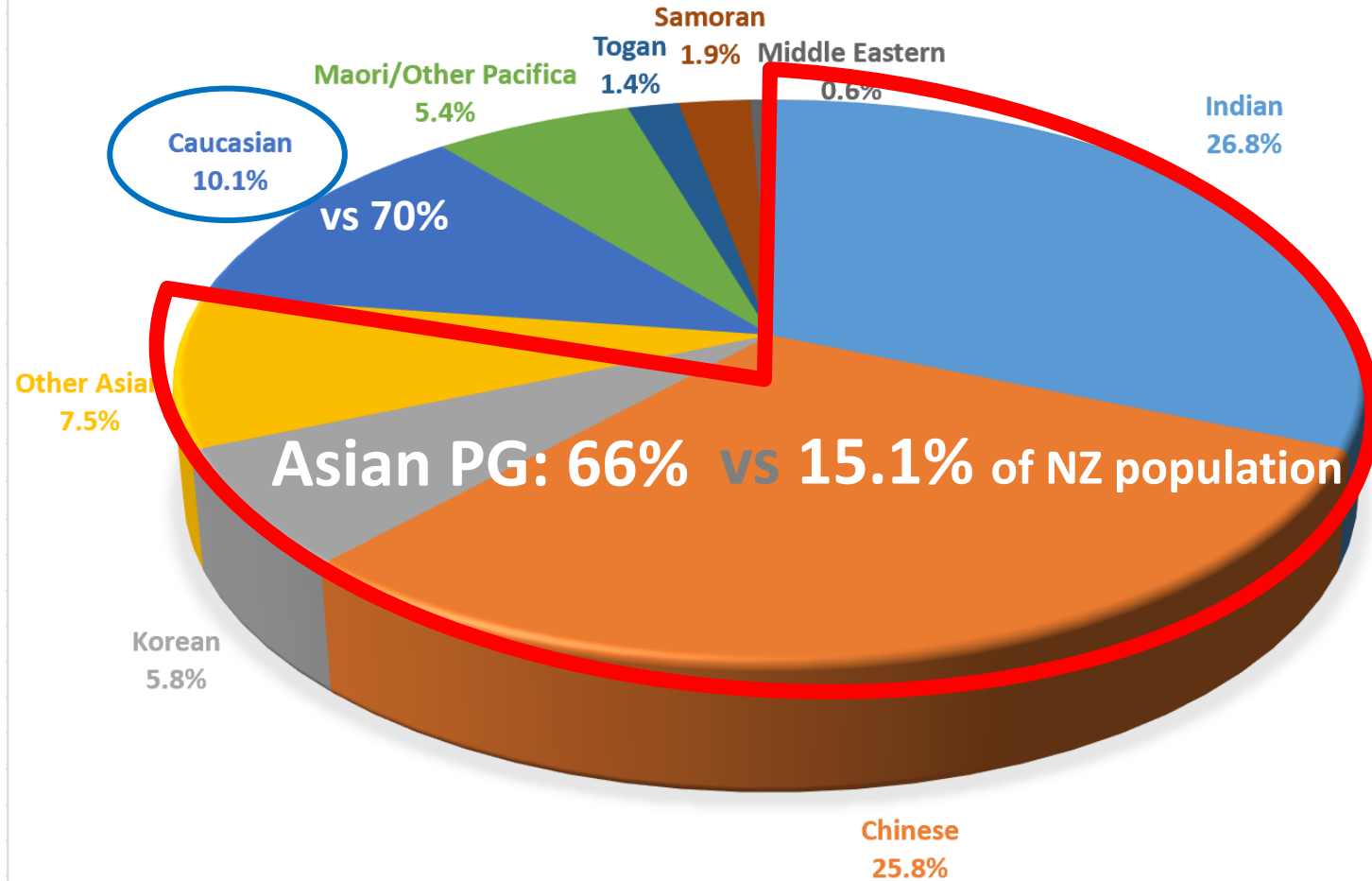
- To make money, escape from problems, excitement, entertainment, social activity, fantasy, charity, and low self-esteem.
- Asian people are less likely to seek help for their problems due to stigma and cultural implications.
- Novelty Effect.
- Some Chinese migrants might have a significant amount of cash and time on-hand, make them particularly vulnerable to developing gambling-related problems.
- Asian movies often glorify gambling. All top-grossing Asian movies have a gambling theme that imprints the power and status affiliated with a casino environment

**There are specific contributing factors that put Asians more at risk of developing harmful gambling.**



**Asian Family Services**  
*Together enriching lives*

# EXCLUSIONS BY ETHNICITY AT ONE OF NZ LARGEST CASINOS IN 2018





# Gambling Harm Minimisation & Asian Helpline



Our Helpline is available in 8 different languages:

English, Mandarin, Cantonese, Hindi, Korean, Vietnamese, Thai and Japanese



Nationwide, professional & confidential services



Qualified and registered counsellors and social workers



# Our team

**Asian Family Services**  
*Together enriching lives*



# Asian Wellbeing Services Team

Asian Wellbeing Services team consists of psychologists, counsellors, art therapists, family therapists, social workers, and nurse practitioner. They are all New Zealand trained and registered practitioners with an Asian background, from vast training modalities and at least five years of experiences; the number of spoken languages is also well-covered with the major languages such as Mandarin, Cantonese, Malaysian, Filipino, Hindi, Korean and Japanese.



Julia Zhu  
Clinical Practice Leader



Carmen Wang  
AWS Coordinator/  
Practitioner



Eve Graham  
Clinical Psychologist/HP



Rebecca Zhang  
Psychologist



Scarlett Teng  
Nursing Practitioner



Helena Yang  
Nurse Specialist



Yvonne Tang  
Social worker



Rupal Patel  
Counsellor



Yi-Hsiang Lin  
Counsellor



Ann Welcome  
Counsellor



Frank Hu  
Social worker



Mandy Shek  
Counsellor



HaiYan Hu (Smile)  
Social worker/Counsellor



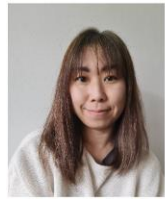
Crystal Shan  
Mental Health



Alex Wang  
Counsellor



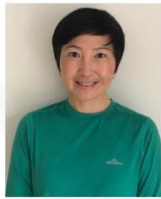
Alice Wang  
Social Worker



Kumi Nakamura  
Clinical Arts



Aashini Jutson  
Counsellor



Jane Jin  
Counsellor



HaiYing Dong  
Social Worker



In Hwa Jung  
Counsellor



Leah Rodriguez-  
Palomer



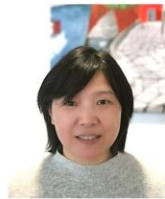
Billy Zhang  
Counsellor



Oneness Tang  
Counsellor



Chunyan Liu  
DMT Counsellor



Lynn Yue Yang  
Counsellor



Eli Avelino  
Social Worker



Ting Ting Zhu  
Social worker/Master of



Sunjin Heo  
Counsellor



Angela Lim  
Social Worker



Rushaina Variava  
Wellbeing advisor





**ASHA  
SERVICES**

# The Asha Programme



# Multi-language website

English 中文 日本語 한국어 Tiếng Việt हिन्दी

Emergency Assistance Phone: 0800 862 342

Asian Family Services  
Together we're stronger  
0800 862 342

HOME GET SUPPORT SERVICES EVENTS RESOURCES ABOUT US SUPPORT US CONTACT US

Popular Topics

Asian Wellbeing Services Asha Programme

Covid-19 2021 Calendar sharing

To refer yourself or someone else to Asian Family Services

Click Here for referral form

亚裔家庭服务中心AFS

Articles Videos Services

MAY

惊呆了！2020年新西兰人竟然在这件事上花掉了8100万！

一定要看！新西兰华人 GP 和你聊聊新冠疫苗的事儿（普通话）

一定要看！新西兰华人 GP 和你聊聊新冠疫苗的事儿（广东话）

MAY

99% 华人都不知道！新西兰新推出这两项免费医疗服务！

这群人做了一件被新西兰教育部点赞



# Daily update on Social Media

#asianfamilyservices  
#afs0800862342  
#asianhelpline

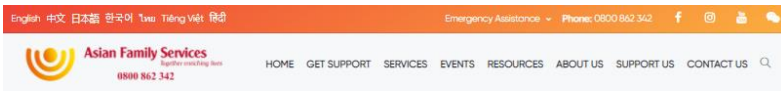
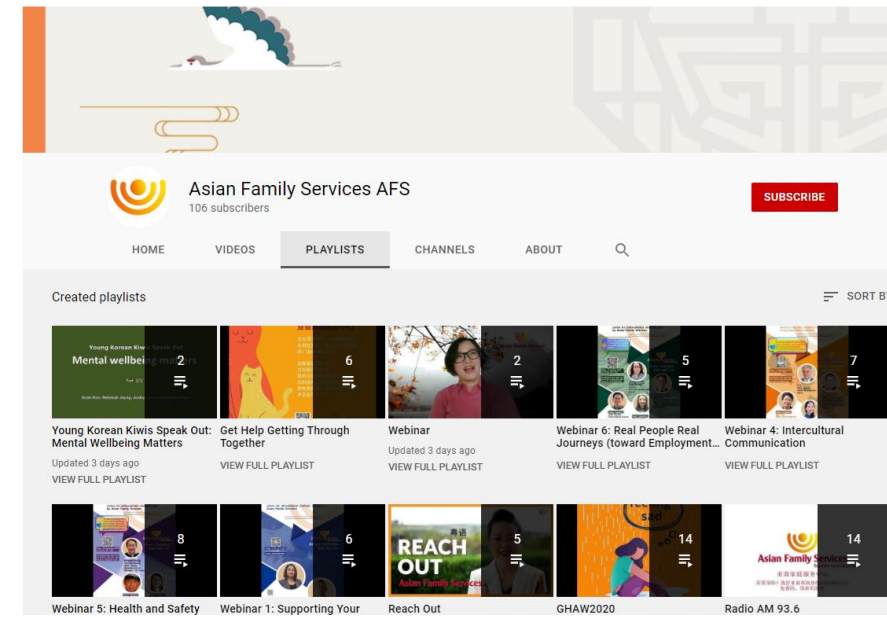
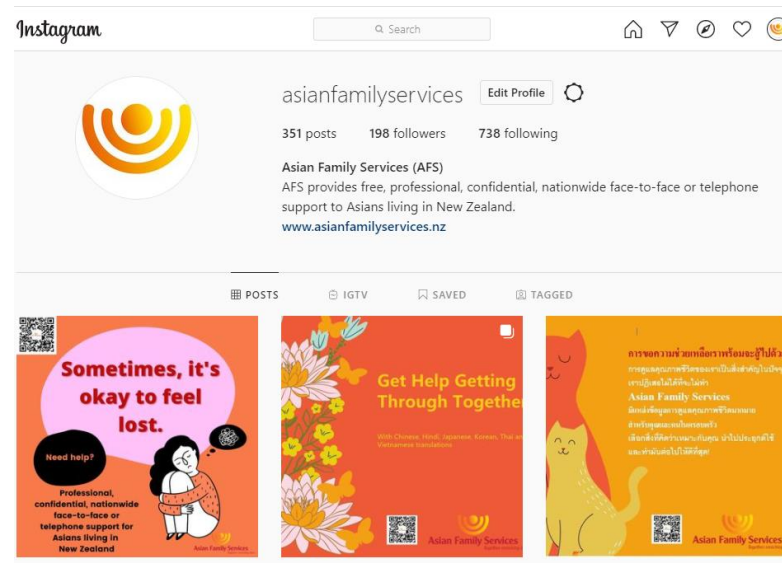
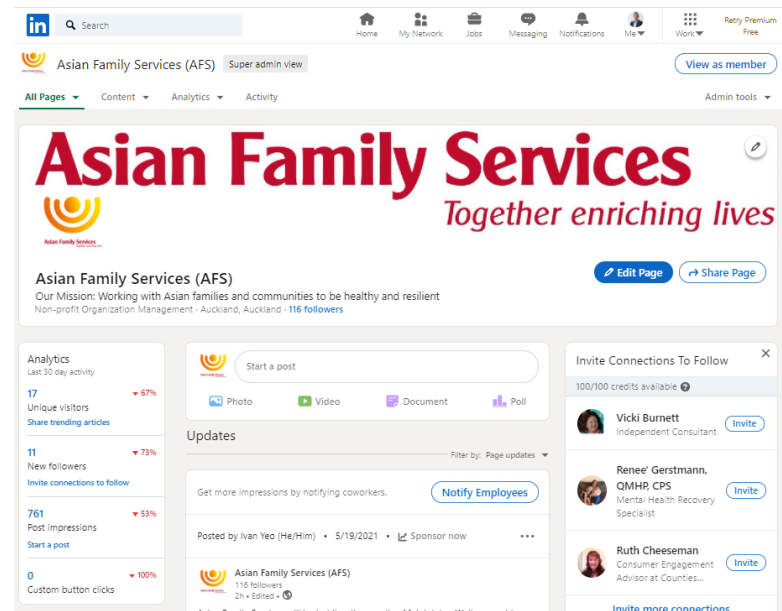


Image: Rahim, Malaysia. Image from online.







  
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# Follow us



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NZAFS



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AFS\_0800862342



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asianfamilyservices



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# Thank You!



**Asian Family Services**  
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ME WHAI PĀPĀ NGĀ TAMARIKI

# Kidz Need Dadz

MAHI TAHI PRESENTATION  
CRAIG MCGUIGAN

# Introduction

- ▶ Welcome and Thank you
- ▶ About me
  - ▶ Chartered Accountant to Support Worker
  - ▶ My Whanau
  - ▶ Outside of Mahi
- ▶ Kidz Needs Dadz History
  - ▶ Union of Fathers
  - ▶ Kidz Need Dadz today



# All About KND Services

- ▶ 1:1 support and mentoring
- ▶ Groups
  - ▶ Tuesday night
  - ▶ Thursday Zoom
  - ▶ Saturday morning skate park
  - ▶ Sunday morning weights
- ▶ Court support
- ▶ Education- correspondence courses
- ▶ Events- Father's Day
- ▶ 0800 line (0800 KND 123)
- ▶ Other
  - ▶ Can do anything attitude/navigator

# Case Studies

- ▶ Case Study 1
  - ▶ Court Support
  
- ▶ Case Study 2
  - ▶ 1:1 support for a young Dad

# Demand for our Services

- ▶ Huge growth for our services
- ▶ Limited support for men
- ▶ The challenges of the Family Court
- ▶ Financial Barriers
- ▶ Limitations of Legal Aid



# What we do Well

- ▶ The importance of CONNECTION
- ▶ Giving HOPE
- ▶ Breaking down barriers
- ▶ Bridging the “emotional gap”
- ▶ We are removed from the Family Court
- ▶ Providing ongoing support and mentoring
- ▶ We work well with agencies (OT, MOJ, Corrections...)

# Our Challenges

- ▶ Funding
  - ▶ Being more diverse
  - ▶ Increasing the base
- ▶ Meeting the demand
- ▶ Collaboration
  - ▶ Opportunity to work more closely alongside other NFPs and NGOs
- ▶ Recognition for our Mahi

# Next Steps/The Future

- ▶ Growing our revenue
- ▶ Growth strategy throughout the South Island
- ▶ Health and Wellbeing/Hauora Programmes
- ▶ Positive lobbying for changes such as Legal Aid
- ▶ Collaboration with partners/other organisations



# Questions

