



MAHI TAHI

PRESENTATION NOTES AND INFORMATION

AT A GLANCE

- Summarising points of discussion
- Answered questions at the event.

PGF SERVICES



Presentation by Abby Popham (Health Promoter)

- Were previously PGF group with Asian Family Services, Mapu Maia trading together as part of the Problem Gambling Foundation of NZ. The former agencies now are independent and now work alongside them as PGF Services.
- PGF Services offer free counselling to people who gamble or who have been affected by another person's gambling. You can have as many sessions as you need. They are available 24/7 via phone, email, live chat, video calling or in person.
- They can also travel to Timaru, Ashburton, or the West Coast.
- Anyone who reaches out will get a response quickly.
- They now have a peer support role which is the first in the gambling sector.
- Gambling is an area of taboo and shame and PGF Services work really hard to reduce this through their training, policies, resources and messaging by normalising the conversation while de-normalising gambling.
- Their service model He Hapori Ora - A Well Community, is their service model to guide strategic planning, critical evaluation and grounding them in values-based practice and mātauranga Māori in all that they do.
- They have a mana-enhancing practice where their services have a broad approach, and everything goes into working together. They will work with all of whānau not just the person gambling; even if the person gambling isn't ready to work with them.
- There is a significant range of harm with gambling. Raffles, bingo, etc are considered gambling and people will use commodities of all ranges.
- Not all gambling is harmful, and they are not anti-gambling. However, when it is interfering with a person's life by losing focus and thinking about it constantly, while spending irrationally, that is harmful. The continuous nature of gambling is where harm happens.
- \$2.25 billion was spent on gambling in 2021/22
- Electronic gaming machines known as "Pokies" make up 59% of all harm. There are 6 casinos with a total of 3296 machines that cause 10.7% of harm and 1068 class 4 venues with a total of 14,781 machines contributing to 48.3% of harm.

- Pokies have been designed by psychologists to engage our dopamine receptors through lots of positive feedback; lights, sounds etc. This fry's the dopamine reward pathways and reconfigures your brain.
- One Ōtautahi counsellor recognises that approxiamately 50% of her caseload is people under the age of 30.
- When people get the regular gambling stage of the continuum there is a risk even if to some people it doesn't seem like much money, it could be more than they could afford.
- Most support workers are asking about family harm, drugs etc, so you could also ask about gambling. [Screening questions are on the PGF website](#) and can be done by the person discretely.

Questions

Is there a figure on how much money was paid back to the community via gambling profits?

The figure of \$2.25 billion is the number after all grants paid back to the community. That is the number of everything that is leaving the community. It leaves communities inequitably and comes into communities inequitably.

Mapu Maia



Presentation by Philip Siataga (Counsellor + Health Promoter)

- Mapu Maia have been operating for thirteen years as a Pasifika provider. They offer support in problem gambling, mental health and addiction.
- Phil's role is to support the Mana Pasifika projects development through evaluation and research, his colleague Lupe provides counselling and health promotion services. Mapu Maia have just established a full-time position in Hastings in response to the recent floods.
- They offer one-on-one counselling and family support work, meeting the client wherever they need. Their services are free and confidential.
- Their health promotion work has seen them give out 23 grants to the community for a range of activities that promote wellbeing such as sport and creative arts.
- All of their initiatives are to support their communities.
- A lot of thought is being put into how they are moving forward and reaching their people.

Asian Family Services



Presentation by Jerry Dai (Counsellor + Health Promoter)

- Asian Family Services were established in 1998 in Auckland, Wellington and Christchurch for Asian migrants and students. Their services cover gambling harm and mental health.

- NZ is becoming more culturally, linguistically and religiously diverse. Migrants to NZ have increased 30%, with Asian migrants increasing by 3.3%.
- The Asian demographic used to be the third largest ethnic group in NZ, however they are now the second largest and have taken over the Māori population, now accounting for ¼ of the population. This trend will continue to increase in ethnic diversity.
- They use the symbolism of an uprooted tree; when uprooting a tree and putting it into a new environment it would take years for it to adjust. For people, this is the same. It will take three generations to adjust to the new culture and establish a trusting support system.
- Culture includes your thinking, behaviour, and values and people will need many opportunities to integrate into the host country.
- Individualist/Western culture focuses on the nuclear family and traits include self-reliance, assertiveness and independence. Collectivist/Asian culture have a broader definition of family and emphasizes the importance of group harmony, social relationships, and the needs of the community over the needs of the individual.
- Asian suicide rates in New Zealand have increased where other ethnic group stats have decreased. This is likely due to not being able to return home and employment loss over Covid times, loneliness and needing more social support.
- China is a nation of gamblers and in a collectivist culture they like to mingle. This in turn leads to social gambling becoming a norm. It is hard to find the boundary between social gambling and harmful gambling.
- When a casino identifies that a person has a gambling problem, they will ban them from re-entering the premises and may require them to have counselling from the appropriate services. In 2018 there were 720 people excluded from the casino; 10% were Caucasian, 66% were Asian. This stat is particularly concerning as Asian's are only 15% of the NZ population.
- AFS is a nationwide organisation and can provide counselling for general mental health issues. They can offer 3 free mental health sessions, but all gambling related counselling is free. They can provide for linguistic and cultural differences.

Questions

Has Te Whatu Ora offered an Asian health plan?

Unfortunately, Asian health hasn't been matched in the NZ health plan. Media reported last year that the governing body of Health NZ doesn't have any Asian representation among their 40 Board members. This is worrying as Asian culture is very different but hoping in the future this improves.

Do you have translation services?

Yes, they do. [Digi Language Support](#) provides affordable digital interpreting services in Asian, MELAA, Pacifica and European languages for our Culturally and Linguistically Diverse (CALD) communities across Aotearoa. Their interpreters and translators are NAATI certified and NZSTI qualified. They are currently providing [50+ interpreting/translation languages](#) and the list is expanding. The DLS service covers a broader range of languages and offers more budget-friendly rates compared to similar services available in the market.

They do have an app (as of the publication of this document, the app is temporarily unavailable) but you can still make bookings conveniently through their email or toll-free 0800 number.

Services: Video or telephone interpreting.

Booking: email booking details to asian.admin@asianfamilyservices.nz or call [0800 335 999](tel:0800335999).

Booking details: Date, time, language, phone number and online link if it is for video interpreting.

****Please allow three working days in advance****

Fees for community-based services and public services:

First 15 minutes = \$20 (minimal charge)

Time that follows = \$15 (per 15 minutes)

When someone is banned from a casino, would they make a referral to services for that person, and would Asian services be offered to Asian clientele?

It is mandatory for the Casino to make a referral and Christchurch Casino is very good at doing this. They will get in touch with any one of the gambling services mentioned today or the Salvation Army. Asian clientele would be referred to an Asian service.

Kidz Need Dadz



Presentation by Craig McGuigan (Manager)

- Craig runs a clinic for Kidz Need Dadz at The Loft every Friday 9am - 1pm. It has been very successful so far.
- He is based at Community House on Lichfield Street but is very mobile as it is better for the people, he works with to go to them.
- His background includes working as a Chartered Accountant for 15 years before becoming a support worker. He is a father of four, having been a solo father from a young age, this has inspired a lot of what he does now.
- He recognises the importance of the collective unit, having a village to support children's wellbeing.
- He has a passion for working with people to improve their mental wellness including physical wellness.
- Kidz Need Dadz is nationwide having started in Wellington. They stemmed from the Union of Fathers back in the early 00s as a political lobby. However, they have come a long way to being much more moderate and work with the system to get outcomes. In 2016 they became Kidz Need Dadz.
- Craig offers lots of one-on-one support and mentoring, connecting with fathers and entire family units. A lot of the work he does comes from concerned family members.
- KND run support groups which are well attended and use a peer support model.
- KND offer opportunities for men to get together and connect while doing something positive for the community such as early morning skate park clean ups. Craig also runs a weight session which links into his passion of physical activity promoting mental wellness while offering opportunities for connection with men in similar circumstances.

- Craig supports men through the family court process who may or may not have legal representation. He helps fill in affidavits, go to court as a support person, help navigate the family court process, breaking down those barriers.
- Men can do courses on fatherhood through KND. It can be sent via email, and they get a certificate at the end.
- KND run events to promote connection. These aren't just for fathers and children, but also try to bring the whole family together.
- Their 0800 line is available but not a crisis line. Many times, this will be the first point of contact and is a chance to connect with that person.
- Craig does a lot of referrals to other agencies and will connect his clients to the right person if he can.
- Case study 1: a man who hadn't seen his children in 18 months due to neither party wanting to engage in the process. Craig engaged with the father and did a roundtable process with lawyers, support people, and mother working on re-focusing on what is actually important - the children. When having that conversation, it connects and makes progress meaning they could develop a pathway to having the kind of involvement the parents want.
- Case study 2: An 18-year-old father struggling with fatherhood, his self-esteem having fallen after baby came. Craig helped to show him some basic skills on how to be a father and helped him work on himself, improving his lifestyle so he can positively contribute to the family.
- There is currently no waitlist. Craig is currently managing the demand, but he is a team of one at the moment.
- Connection is the key aspect of Craigs work as there is limited support for men and once the connection is lost, everything starts falling over. He keeps the focus on the children at the center and will get the support around the parents so they can keep them in mind.



PGF SERVICES

Counselling Advice Support

Abby Popham – Pou Hiwa / Health Promoter

Abby.Popham@pgf.nz

Ko wai mātou | Who we are



Asian Family Services
Together enriching lives



Mapu Maia
Providing Help, Enriching Lives.



PGF SERVICES
Counselling Advice Support



PGF GROUP

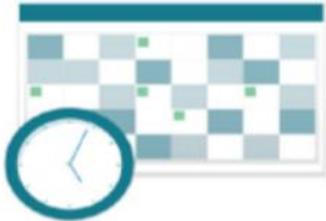
Healthy and resilient communities in a just society

are part of the
Problem Gambling Foundation of NZ,
trading as PGF Group

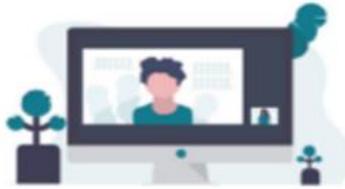


PGF SERVICES
Counselling Advice Support

Manaaki Tāngata | Clinical Practice and Referrals



Available 8.30am - 5.00pm
Monday to Friday



Accessible by phone, email,
live chat or video calling



Provided to friends, whānau and
colleagues as well



Culturally appropriate and
mana enhancing



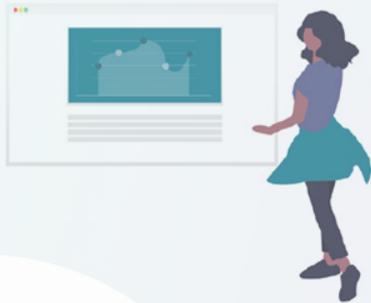
Includes peer support



Free, professional and
confidential



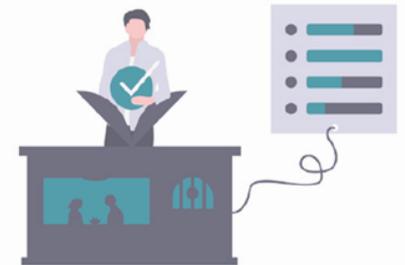
Our dedicated public health team connect with communities to raise awareness of gambling harm and support wellbeing. We can also provide:



Online education and training to identify and screen for gambling harm



Guidance to develop organisational policies on gambling harm



Fact sheets, briefings and other digital resources



He Hapori Ora | A Well Community

Social justice

Innovative

RANGINUI

Treaty of Waitangi

People-centred

Families & communities are healthy & resilient in a just society
Preventing and Minimising Gambling Harm

Professional

Courageous

TĀNE

Health Strategies

Clinical Services

Cultural Support

Supervision/Support

Public Health

Methods/theories

Referral Processes

ENGAGING

WHĀNAU

Peer support

Protection

Hui Kaitiaki

Consumer Voice

Evaluation

Collaboration

Co-location

Digital Tools

ACCESS AND CHOICE

PAPATŪĀNUKU

Enhancing the mana of individuals & communities to be free from gambling harm



He aha te mahi petipeti | What is gambling?

Staking an item of value or money on the outcome of a game or event that is determined by chance”

(Adapted from H.W Boyd in Alex Blaszczynski, “overcoming compulsive gambling: A self help guide using cognitive behavioural techniques)

The act or practice of risking the loss of something important by taking a chance or acting recklessly.

<https://www.dictionary.com/browse/gambling>



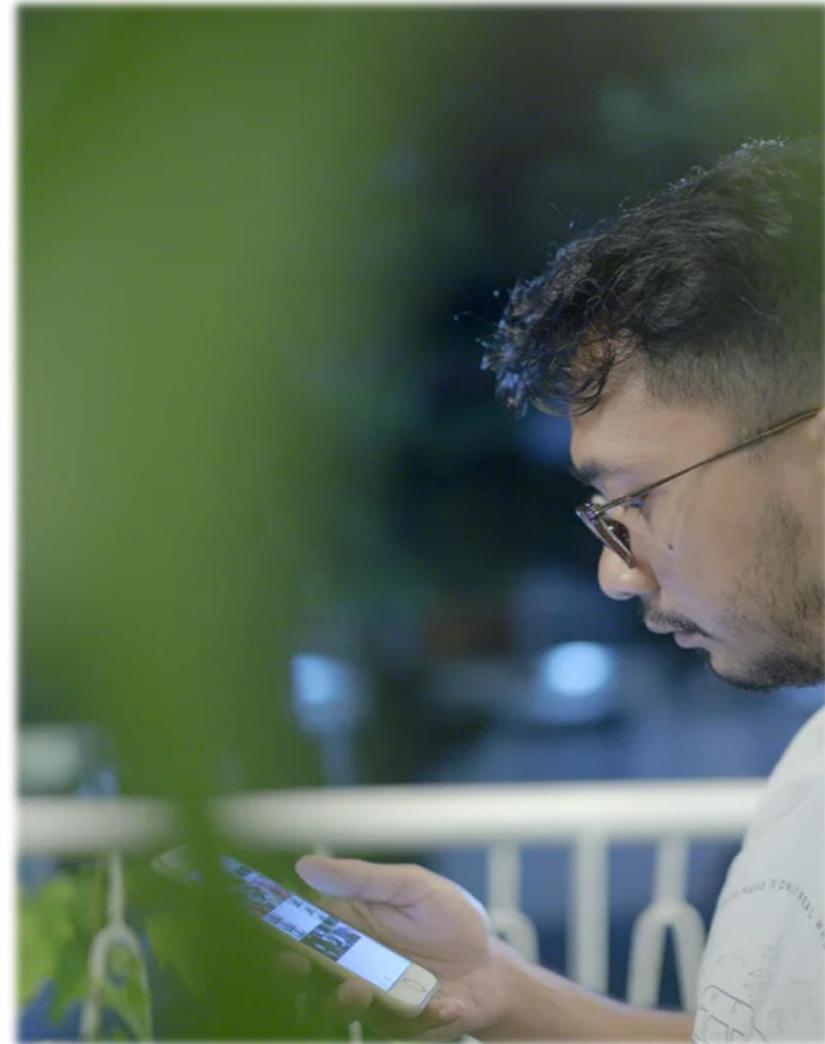
PGF SERVICES
Counselling Advice Support

The Ministry of Health defines harmful gambling as:

Patterns of gambling behaviour that compromise, disrupt or damage health, personal, family or vocational pursuits.

The Gambling Act 2003 defines a harmful gambler as:

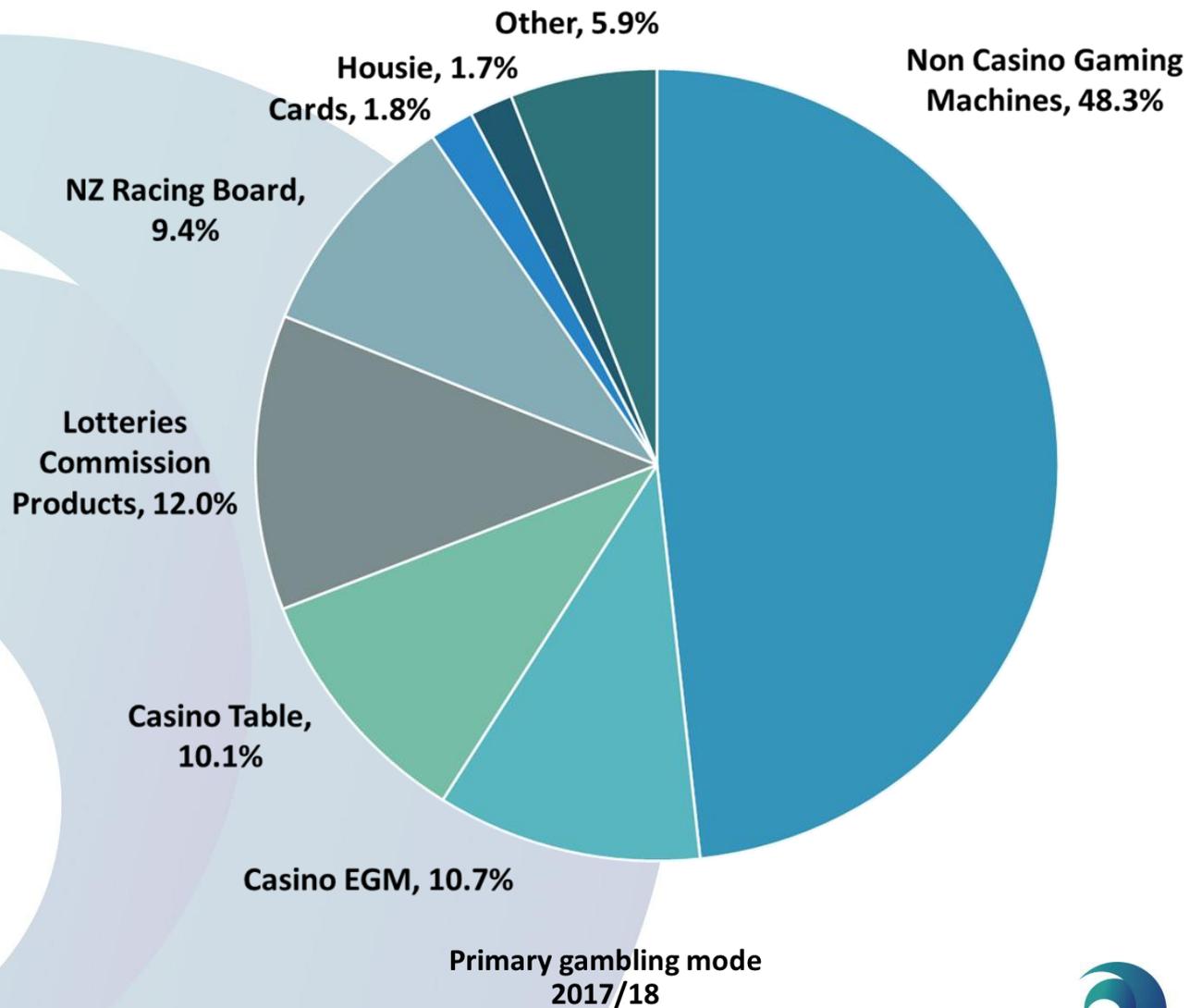
“A person whose gambling causes harm or may cause harm.”



**\$2.25
Billion**

2021/22 (year to 30 June) expenditure stats across the four main types of gambling in NZ
(TAB, NZ Lotteries, Gambling machines outside casinos, Casinos)

This is the total amount lost by gamblers, does not include the sums paid out in wins



Money lost on pokies in 2022

\$1,014,581,834

Lost on pokies this year*

\$351,430,966

Lost on pokies today*

\$1,346,086

Class 4 gambling venues

1028

Pokie machines nationwide

14,503

*Estimate based on DIA data



The most harmful form of gambling
[Current Regional Stats](#)

Christchurch City

\$89,357,054

➤ Lost on Class 4 pokies in the 2022
calendar year

1281

pokie machines

79

pokie venues



Pehea tēnei i whakamahi | How they Work

Bright, flashy displays. Pokie machines are animated and look entertaining!

Solitude

It's just you and the machine. People often talk about a mental state called 'the zone' where you lose all sense of self and time when playing the pokies. It is the uninterrupted play and solitude that keeps you in the zone.

Comfy seats

Yes, even the seats are comfortable enough to make you want to play longer....



Lots of positive feedback If you win, (even if the amount is less than what you put into the machine), there will be bells and whistles going off as if you've won Lotto!

Continuous

Pokies are particularly harmful because they are a continuous form of gambling – you don't have to wait long to get a result. You push that button and get a result within seconds. And you can keep going – just press the button and play again.

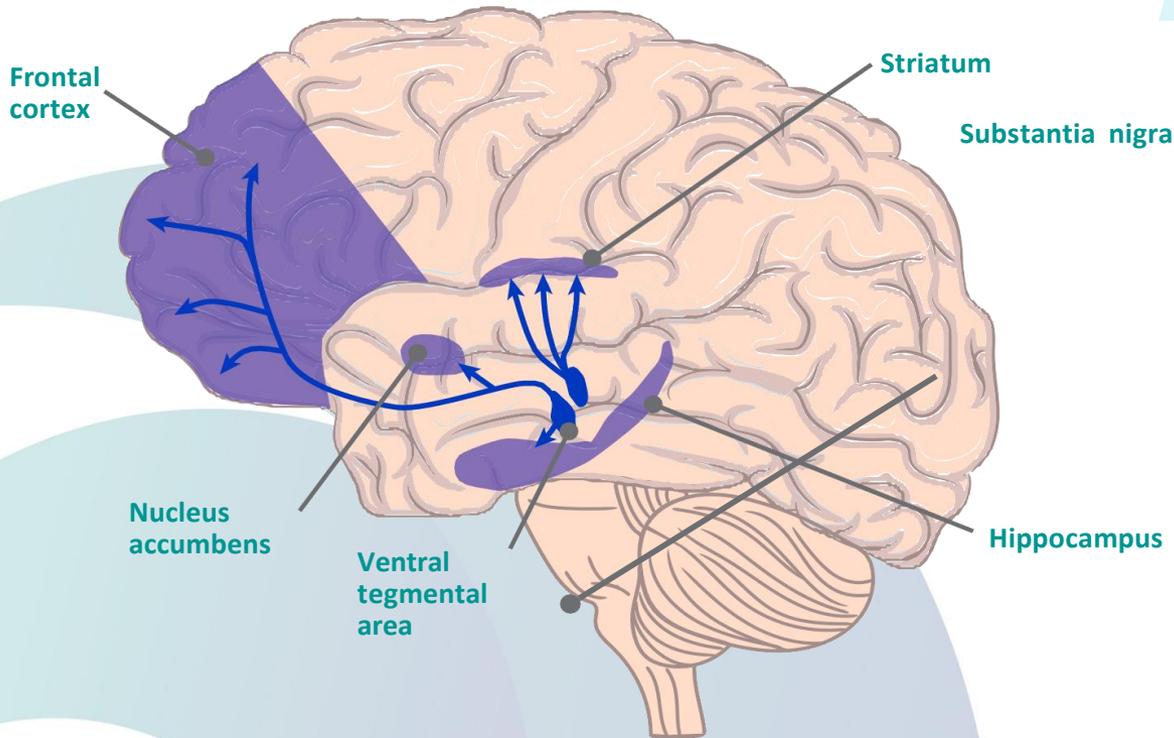
Credits...not dollars

The machines use 'credits' rather than dollars that you can cash out later. That means it's easy to lose track of how much you have actually lost.

Near-win effect

Pokie machines are designed to capitalise on the "just keep trying, you're nearly there" effect. This keeps the gambler playing longer and longer even when they are losing.





Dopamine Pathways =

- Pokies play havoc with the reward system
- Fuelled by the neurotransmitter, dopamine
- Hijacks the 'logic' brain and rewards the brain with a feeling of satisfaction
- Affect **may not** be linked to a 'win'
- Bell-ringing and light flashing is felt as good news leading to wanting more
- Dopamine cements a pleasurable memory.

Functions

- Reward (motivation)
- Pleasure, euphoria
- Motor function (fine tuning)
- Compulsion
- Preservation



Te Ara Petipeti | The Gambling Continuum



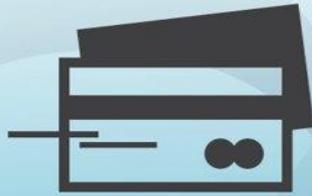
Low Risk

High Risk



PGF SERVICES
Counselling Advice Support

Ngā tohu o mate petipeti | Signs of harmful gambling



Hiding bills or unpaid debts



Exaggerating wins and/or minimising losses



Borrowing for gambling



Spending a lot of time gambling, or thinking & planning to gamble



Lying about time or money spent on gambling

96% of people experiencing gambling harm don't seek help ... what would help?

Screening and ongoing conversations that ensure gambling & associated risks become a part of everyday assessing in all health services

Online self-screen

<https://screener.pgf.nz/gambling-survey>

CHAT Screen

Eight Gambling Screen

Whaanau Screen



Case-finding and Help Assessment Tool (CHAT)

Answering "yes" to either of these 2 questions indicates gambling harm

Do you sometimes feel unhappy or worried after a session of gambling?

No Yes

Does gambling sometimes cause your problems?

No Yes

Case-finding and Help Assessment Tool (CHAT)

PLEASE TICK THE ANSWER THAT IS NEAREST TO CORRECT FOR YOU

How many cigarettes do you smoke on average a day?

None Less than 1 a day 1-10 11-20 21-30 31 or more

Do you ever feel the need to cut down or stop your smoking (Tick no if you do not smoke)

No Yes

Do you ever feel the need to cut down on your drinking alcohol?
(Tick no if you do not drink alcohol OR do not feel the need to cut down)

No Yes

In the last year, have you ever drunk more alcohol than you meant to?

No Yes

Do you ever feel the need to cut down on your non-prescription or recreational drug use?
(Tick no if you do not use drugs OR do not feel the need to cut down)

No Yes

In the last year, have you ever used non-prescription or recreational drugs more alcohol than you meant to?

No Yes

Do you sometimes feel unhappy or worried after a session of gambling?
(Tick no if you do not gamble OR do not feel unhappy about gambling)

No Yes

Does gambling sometimes cause your problems?

No Yes

Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?

Not at all Several days More than half the days Nearly every day

Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?

Not at all Several days More than half the days Nearly every day

Over the last 2 weeks have you been worrying a lot about everyday problems?

No Yes

Is there anyone in your life of whom you are afraid or who hurts you in any way?

No Yes

Is there anyone in your life who controls you and prevents you doing what you want?

No Yes

Is controlling your anger sometimes a problem for you?

No Yes

As a rule, do you do less than 30 minutes of moderate or vigorous exercise (such as walking or sport) on 5 days of the week?

No Yes

Eight Gambling Screen

Early Intervention Gambling Health Test (EIGHT)

Developed by Dr Sean Sullivan
Abacus Counselling & Training Services Ltd

Answering “Yes” to four
or more indicates that
gambling may be
causing harm and
support should be
sought

Sometimes I've felt depressed or anxious after a session of gambling.	<i>Yes / No</i>
Sometimes I've felt guilty about the way I gamble.	<i>Yes / No</i>
When I think about it, gambling has sometimes caused me problems.	<i>Yes / No</i>
Sometimes I've found it better not to tell others, especially my family, about the amount of time or money I spend gambling.	<i>Yes / No</i>
I often find that when I stop gambling I've run out of money.	<i>Yes / No</i>
Often I get the urge to return to gambling to win back losses from a past session.	<i>Yes / No</i>
I have received criticism about my gambling in the past.	<i>Yes / No</i>
I have tried to win money to pay debts.	<i>Yes / No</i>



Affected Other Screen			
Do you think you have ever been affected by someone else's gambling?			
Never (skip next section)	Not Sure	Yes In the past	Yes Currently
What type of gambling did they do?			
Can you answer the following questions?			
		Yes	No
It doesn't affect me any more			
I worry about it sometimes			
It is affecting my health			
It is hard to talk with anyone about it			
I am concerned about my or my family's safety			
I'm still paying for it financially			
It affects me but not in any of these ways			

Answering "yes" to any of these questions indicates gambling harm



Professional referrals

Please use this form if you are a GP or professional and wish to refer a person to PGF Services.

Client info

First name:

Last Name:

Client's phone number:

Client's email address:

Does the client give permission for a PGF counsellor to contact them?:

Yes No

Does the client prefer to be contacted by phone or email?

Phone Email

Referrer info



0800 664 262

to speak to a duty counsellor

help@pgf.nz

for email support

5819

text support

www.pgf.nz

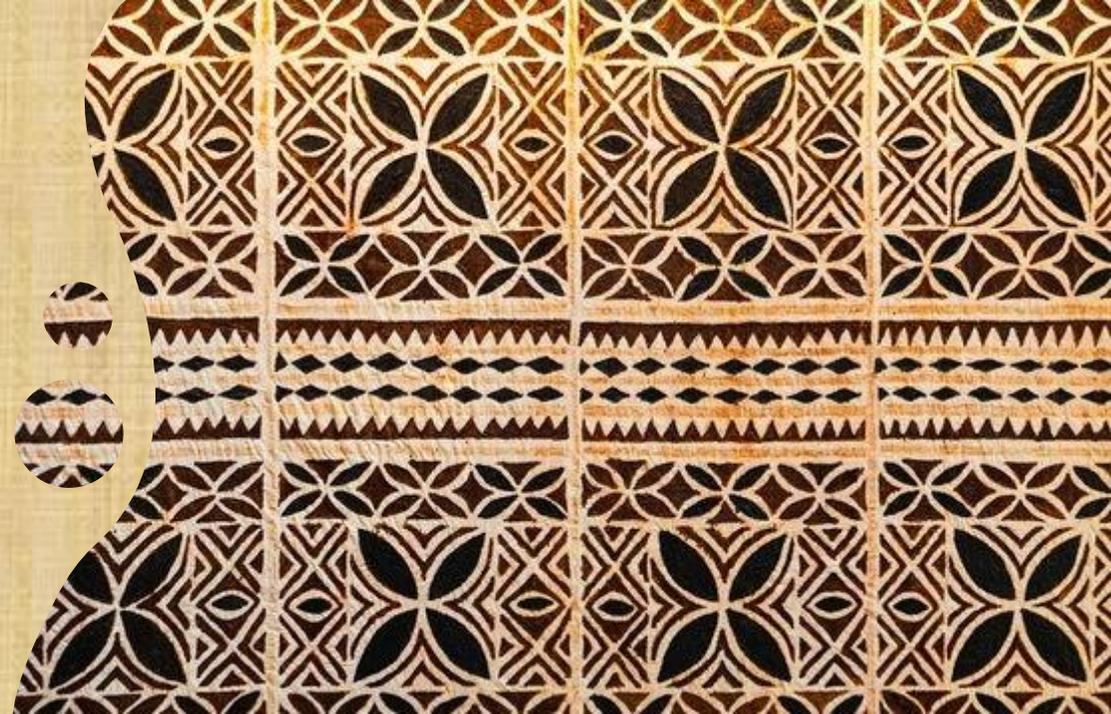
Live chat and more information



Counselling
Health Promotion
Community Wellbeing

2023

The Loft



Where are we?

- **Tāmaki Makaurau**/Auckland
- **Te Whanganui a Tara**/Wellington, Levin, & Porirua
- **Ōtautahi** / Christchurch
- **Heretaunga**/ Hastings



Counselling - What we offer

specialise in problem gambling and addictions

One-to-one (in person, phone, zoom)

Working with the family

Groups offered in certain areas

**Current languages offered:
Samoan, Tongan, Fijian,
English, A.I**

Home-visits

Neutral site

Tai'ala support



THE TEAM

Auckland Team Gerhart Berking, Ifo Faanana, Pesio Ah-Honi, Lisa Ah-Honi- Uini & Siosuia Kailahi



North Isand Staff & Members James Bloomfield,(Auckland team) Maria Koleti Samu, Anthony Leaupepe, Pesio Ah-Honi, Siosuia Kailahi & Kau Sandys





Ōtautahi Christchurch Team

Philip Siataga & Lupe Asi



HEALTH PROMOTION

TANOA COMMUNITY GRANT

MANA PASIFIKA

Pasifika for Pasifika with Pasifika

www.mapumaia.nz/mana-pasifika



MANA PASIFIKA - 1 JAN - 30 JUN 2023 PARTNERSHIP CALENDAR



RAINBOW

27 - 28 JAN

MANIORO HAWKE'S BAY

Manioro was a celebration and amplification of our MVPFAFF+ and Takatapu communities in the Bay of Plenty. With over 1500 attendees from across Aotearoa, it focused on empowering and supporting our Pasifika rainbow community with overall hauora. From this multiple pieces of content and storytelling are being utilized and created.



AUCKLAND 6 B.O.P.

FEB - APR

FLOOD RESPONSE

Working with both community and NGO groups, we assisted our Pacific communities in Auckland and Hawke's Bay with flood response to address both their immediate needs and long term mental health and wellbeing. This was through content, and community engagement.



13 - 18

8 - 11 MAR

STRANDS OF TALANOA

provides a safe space for rangatahi to express their lived experience of being Pasifika and/or Māori in school. We want youth to tell their story using their craft: drawing, poetry, storytelling – how people choose to share is up to them. We kicked off the Strands of Talanoa movement at this year's ASB Polyfest



5 - 12

27 - 31 MAR

LET'S SIVA

Another of our ongoing partnerships of the Educational Dance Programme that aims to shift mindsets and inspire Aotearoa's tamariki and rangatahi using the art of dance. Part of the Let's Siva vision is to remind youth to dream big and stay resilient. Let's Siva recently spent a week down in Christchurch and this week will be based in Porirua.



25 - 40 MALE

FEB - APR

UMU COLLECTIVE

A community initiative focussed on wellbeing and mental health using the traditional art of umu. Umu Collective use traditional cooking methods to engage and provide a safe space for our Pasifika men to talanoa about their language, customary methods and overall health and wellbeing.



50+

6 MAY

PROJECT VILLAGE

provide education and support to whānau with family members suffering from dementia, stroke and other disabilities. We are in the process of creating resources in collaboration with Project Village in all 9 Pacific languages, the resources are focused on a multi-generational approach to reduce distress both for our elders and the aiga who support them. An upcoming event for Project Village will be held in Porirua

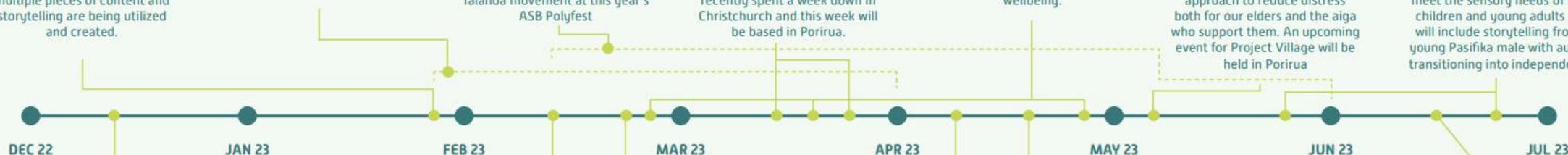


DISABLED PERSONS

MAY - JUN

P.A.S.G. ENGAGEMENT

We have partnered with the Pacific Autism Support Group to deliver wellbeing initiatives and raise awareness of Autism in our Pasifika community. PASG will be supported by us to deliver Silent Discos across Auckland, Wellington and Christchurch. The environment provided will meet the sensory needs of both children and young adults and will include storytelling from a young Pasifika male with autism transitioning into independence.



12 - 18

DEC - JUN

WIKI YOUTH PROGRAMME

An ongoing partnership since the start of Mana Pasifika that we will continue to support. Based in Otara, The Wiki Youth Programme focusses on mental and physical



PARENTS

DEC

OUTSOLE XMAS DROP

Following on from the community sneaker drive in July, we were able to partner with Clean for a Cause to deliver 700 refurbished pairs of shoes



10 - 18

FEB

SIAOPO & DIGITAL ART WORKSHOP

A workshop focused on modern and traditional approaches to art and expression. Focusing on a tamariki and rangatahi perspective, these workshops



AIGA

11 APR

NORTH HARBOUR PACIFIC COLLECTIVE

A one-off youth sports day held on 11 April @ AUT Stadium for our Pasifika communities located in the North Harbour region. The day will feature



14 - 30

APR

N.U.O.W.T.R CREATIVE

A creative partnership with Ngā Uri o Whiti Te Rā Mai Le Moana Charitable Trust. We will be creating a piece of content that amplifies the intersection of



18 - 35 MALE

APR - DEC

NINETY-FIVE COLLECTIVE

This partnership sees us working with the Ninety5 Collective, a group of Pasifika men based in South Auckland. We will be empowering them to create a



16 - 35

JUN

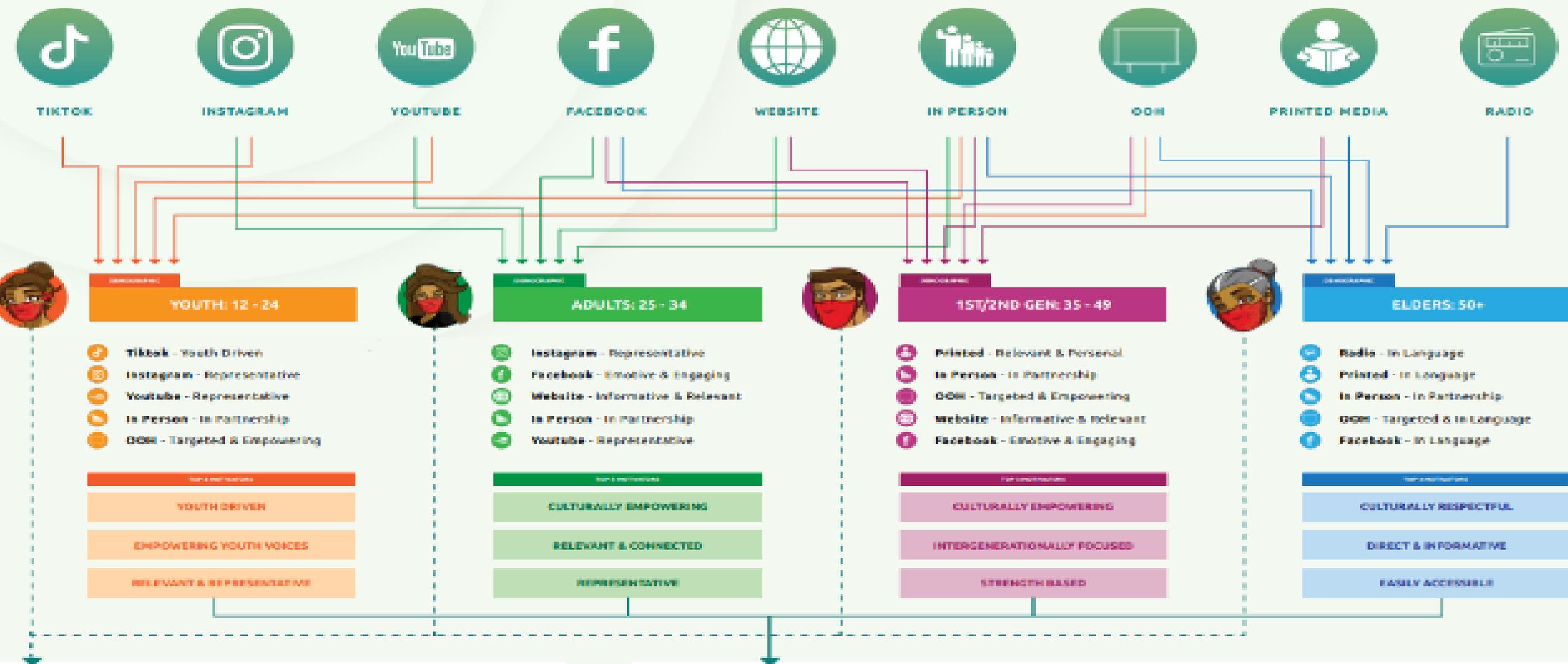
PASIFIKA CARVING WORKSHOP

A creative workshop using different mediums to focus on Whakairo from a collective Pacific perspective. Working with a Pasifika carver trained

THE PASIFIKA EQUITY ENGAGEMENT MODEL

THE MANA PASIFIKA
MODERN VILLAGE OF WELLBEING

The Equity Engagement Model outlines an implementation framework that works to remove barriers to Pacific people accessing health and wellbeing psychosocial messages through co-designed approaches, targeted platforms and media. It combines our key traditional values of Alofa (Love), Tausia (Service/To Service), Fiafia (Respect), Aiga (Family) and Vā Pasifika (Relationships) with modern approaches and platforms to truly create sustainable and measurable change. An approach that is by us, for us, with us.



CREATING SUSTAINABILITY - EMPOWERING LEADERS

The entire of this approach is to create equitable solutions for our people. To do so we need long term sustainability that comes from within the community. This approach focuses on identifying thought leaders across three individuals and

IN DEPTH SUCCESS METRICS

Standing up and being accountable is also a key part of this approach. This approach has been developed with high level quantitative and qualitative data analysis that is applied through a cultural lens by marketing experts



Community Presence Pacific Series

Gerhart Berking & Philip
Siataga





Counselor/Health promoter Sosh sharing with Warrior Juniors.

Youth Workshops around problem gambling in Tamaki Mākaaurau.



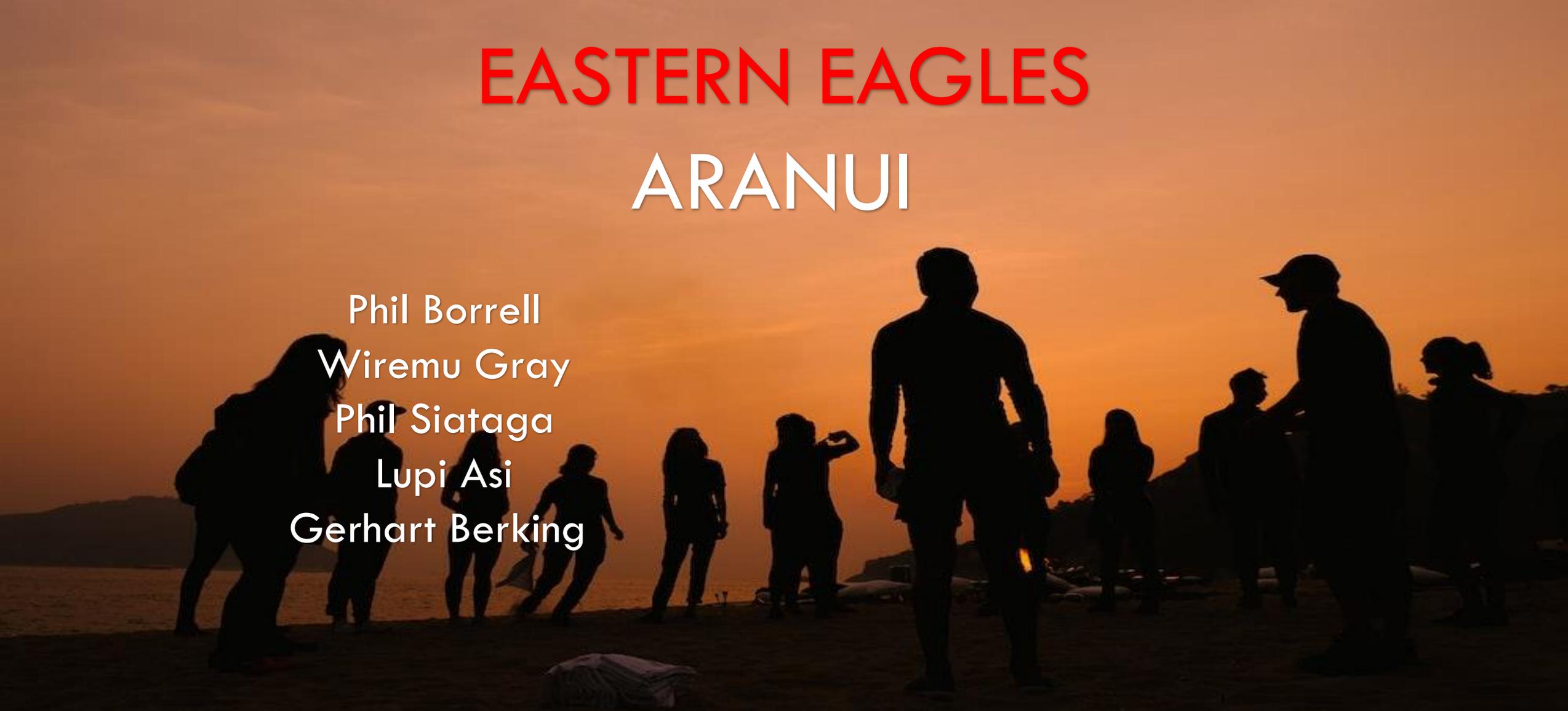
Mapu Maia
Providing Help, Enriching Lives.



EASTERN EAGLES

ARANUI

Phil Borrell
Wiremu Gray
Phil Siataga
Lupi Asi
Gerhart Berking



uprising Hauora experience

Well-being in Schools



Allister Ngawati-Saaivao
Let's Siva



Te Whare Mauri Ora



Wiremu Gray
Mana Facilitation





SHE IS NOT YOUR REHAB PRESENTS

FREE KAI / CONNECTION / REAL TALK

Christchurch Monthly Mens Collective



SPECIAL GUEST

PHIL BORELL

HOSTED BY

MATT BROWN + PHIL SIATAGA + NICKY SOFAI



STARTS AT 7PM - 1ST SEPTEMBER

MY FATHERS BARBERS / 93 RICCARTON RD

FREE ENTRY

ALL ARE WELCOME



www.facebook.com/sheisnotyourrehab/



**WHAT'S
ONLINE
GAMBLING
GETTING IN
THE WAY
OF?**

GAMBLING HARM

One in five Pacific youth worried about the level of gambling at home, and one in nine experienced at least one household problem from that gambling.²

Pasifika make up 21% of all people seeking treatment for gambling harm.

Māori and Pacific more likely to be at risk of future harm than other ethnic groups.

There is a strong correlation between gambling, and family, whānau or partner violence for women and children.

Women, commonly primary caregivers within family or whānau, are particularly vulnerable to the economic strain caused by problem gambling.¹



**BEST
ONLINE
POKIES
NEW ZEALAND**



When it
stops being
fun.....



PASIFIKA YOUTH

ONLINE GAMING & GAMBLING RESEARCH:

"Are online video games a
gateway to problem gambling
among Pasifika youth?"

11.9%

**Pasifika AGED 16+ ENGAGE WITH
ONLINE GAMBLING**

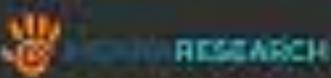
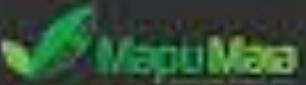
20.5%

**Pasifika AGED 16+ ENGAGE WITH
ONLINE GAMBLING**

2.69 billion gamers in the world

**Two-thirds of New Zealanders play video
games highest proportion of gamers
between 5 and 34 years**

FOR MORE INFORMATION VISIT US AT WWW.MAPU.MAAI.CO.NZ





apu Maia
Providing Help, Enriching Lives.

ONLINE GAMING & GAMBLING

YOUTH WORKSHOPS

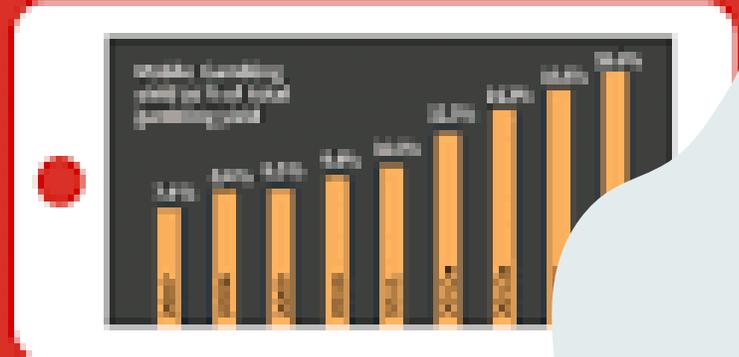
DACIA
PASIFIKA
**PASIFIKA
YOUTH**
ONLINE GAMING & GAMBLING
"Are online video games a
gateway to problem gambling
among Pasifika youth?"





MOBILE GAMBLING GROWTH

Mobile gambling market set to be worth **\$100 billion** by 2017



Online gambling is a growing issue that poses risks to those who engage in it. Online gambling is accessible 24/7, so it can be easy to lose track of time and money that you have spent.



Signs of online gambling harm include struggling to take breaks, spending more money than you can afford, chasing losses and putting less time into family and culture..



20.5% of Pacific peoples in New Zealand aged over 16 years engaged with online gambling in 2020. Almost double (11.9%) compared to 2018*.

**Health and Lifestyles Survey (2020) Te Hiringa Hauora*

**Faáfetai tele lava for
the opportunity to
share our hearts and
some of our mahi with
you .**

**OUR STORIES,
OUR COMMUNITY,**

**OUR
VOICE:**



Te Hurihanga o Rangatahi
The Youth Hub



Asian Family Services

Jerry Dai PhD

Health Promoter/Counsellor

Asian Family Services

Web: www.asianfamilyservices.nz

Freephone: 0800 862 342

Email: jerry.dai@asianfamilyservices.nz

Address: The Loft, Eastgate Shopping Centre, Christchurch 8062



Asian Family Services

Together enriching lives

About Asian Family Service

Established in 1998

Offices in Auckland, Wellington and Christchurch

New Zealand's only service provider for Asian people who are affected by gambling harm and providing more social and mental health services nationwide

Working with Asian families and communities to be healthy and resilient

Dedicated to fostering the unity and harmony in Aotearoa

Diversity of New Zealand Population | Census 2018

180

Ethnicities
in New Zealand

176

Spoken Languages
in New Zealand

157

Religions
in New Zealand

15%

707,598

Asian

Increased 33%

1.5%

70,332

MELAA

Increased 35.1%

24%

1,362,928

Overseas Born

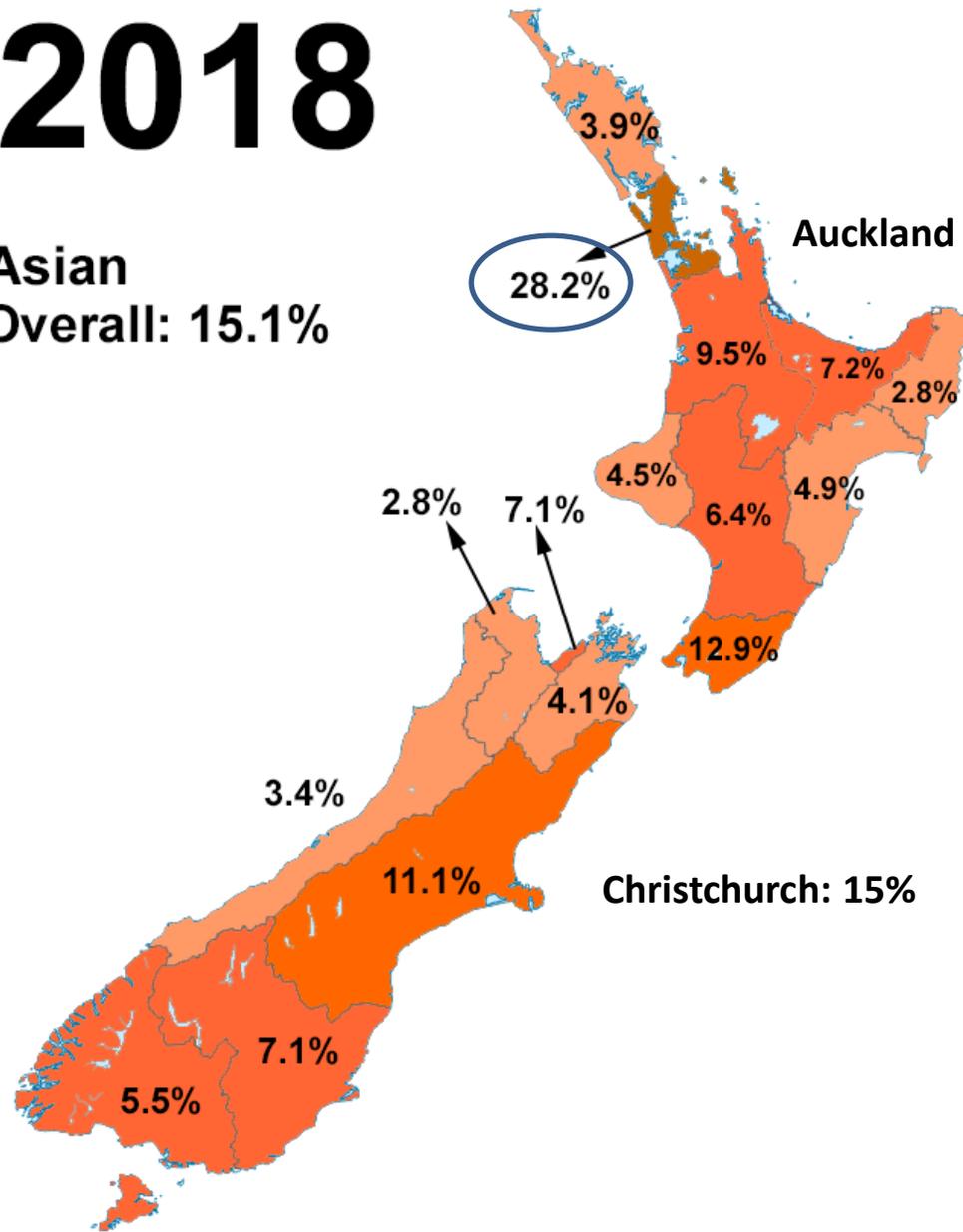
Increased 35.1%

Ethnic group	2013	2018
European	74%	70.2%
Māori	14.9%	16.5%
Asian	11.8%	15.1%
Pacific peoples	7.4%	8.1%
Middle Eastern/Latin American/African	1.2%	1.5%
Other ethnicities	1.7%	1.2%

↑ 3.3%

2018

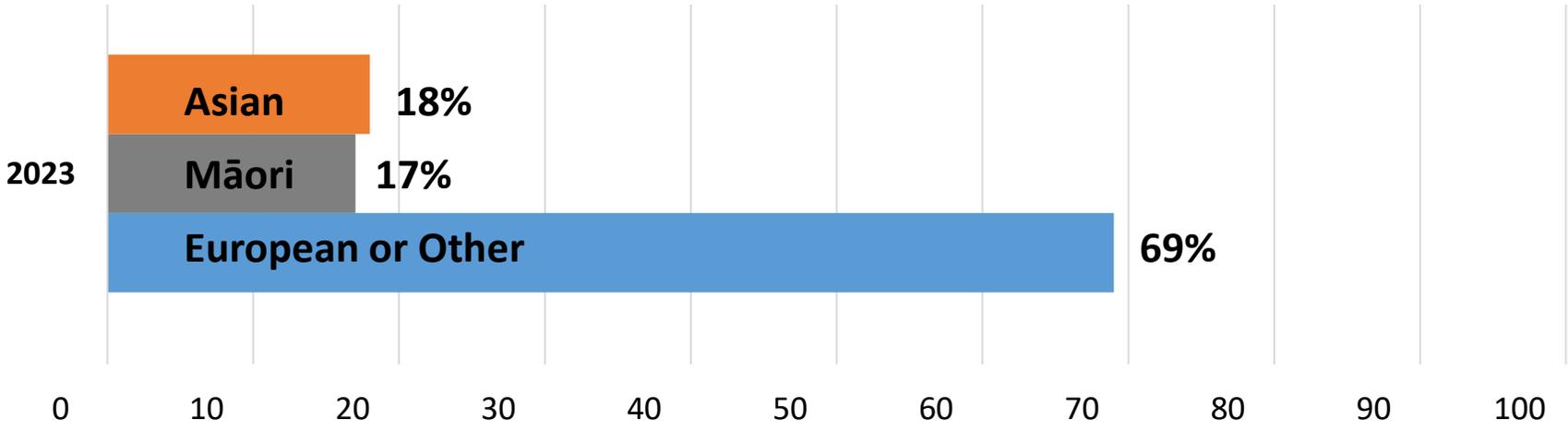
Asian
Overall: 15.1%



1991: 5%

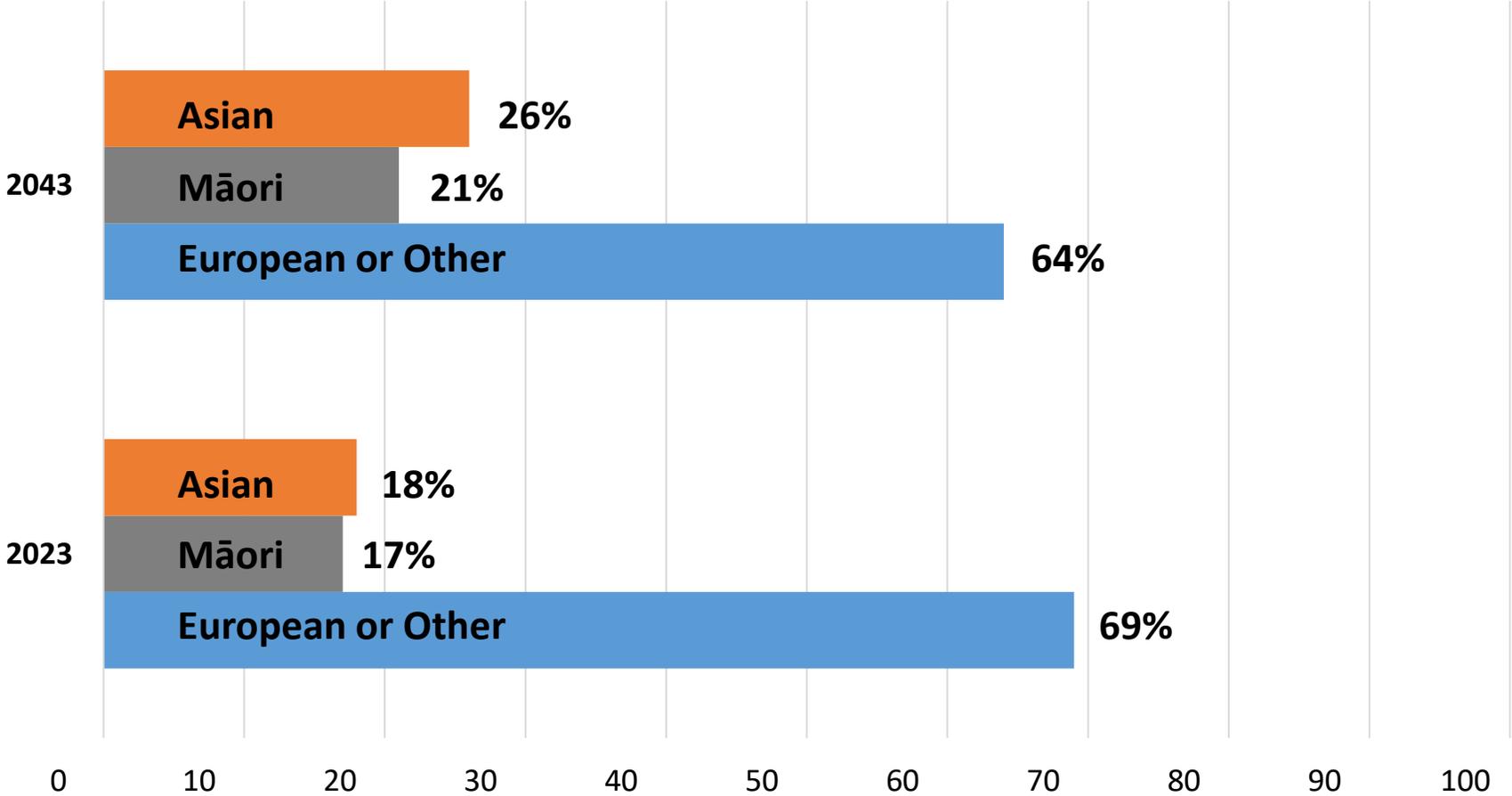
Christchurch: 15%

Projected NZ Population by Ethnic Group



Source: stats.govt.nz

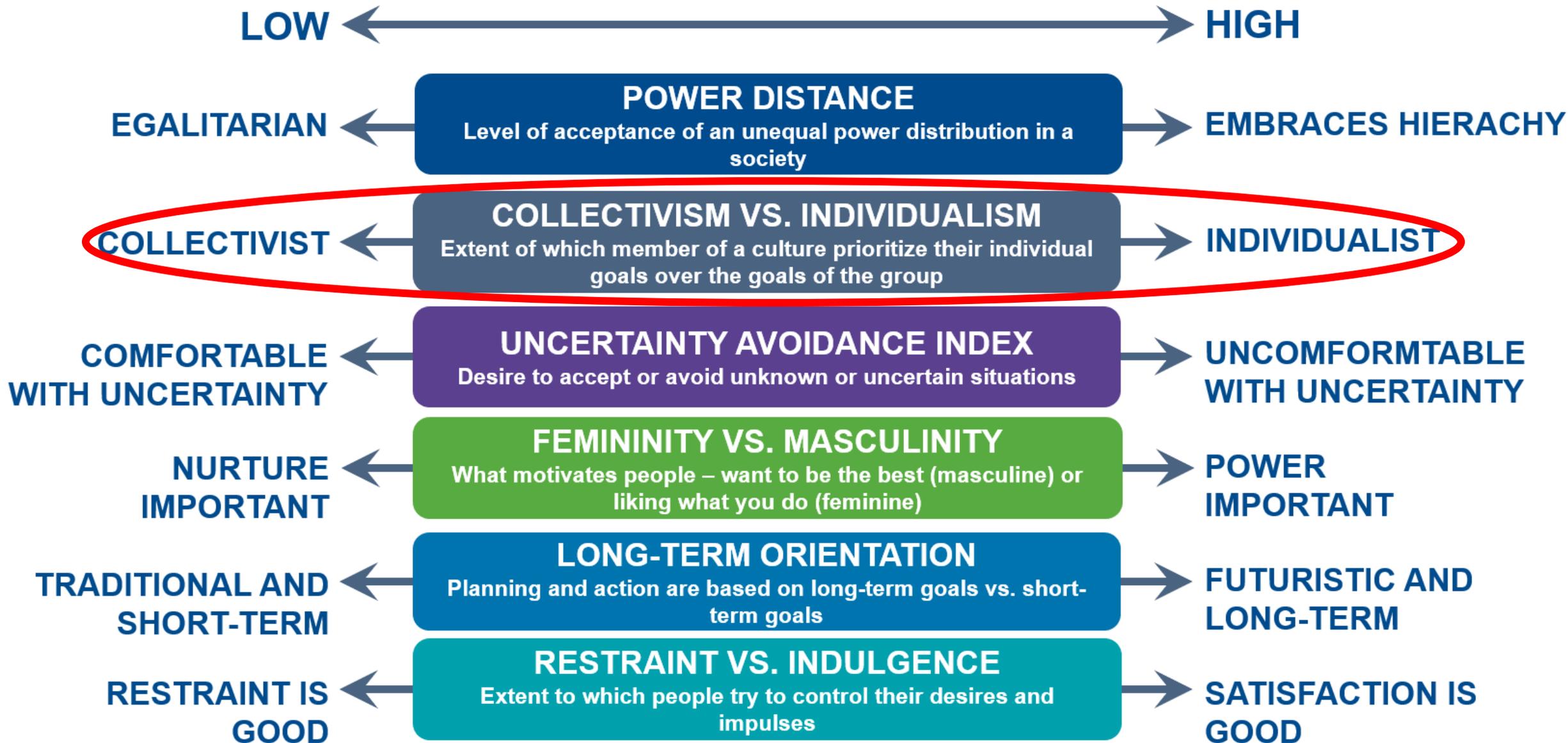
Projected NZ Population by Ethnic Group



Source: stats.govt.nz



Geert Hofstede's Cultural Dimensions Theory



Traits of Individualistic Cultures



Self-Sufficiency



Uniqueness



Autonomy



Independence

Traits of Collectivistic Culture



Social rules focus on promoting selflessness



Working as a group

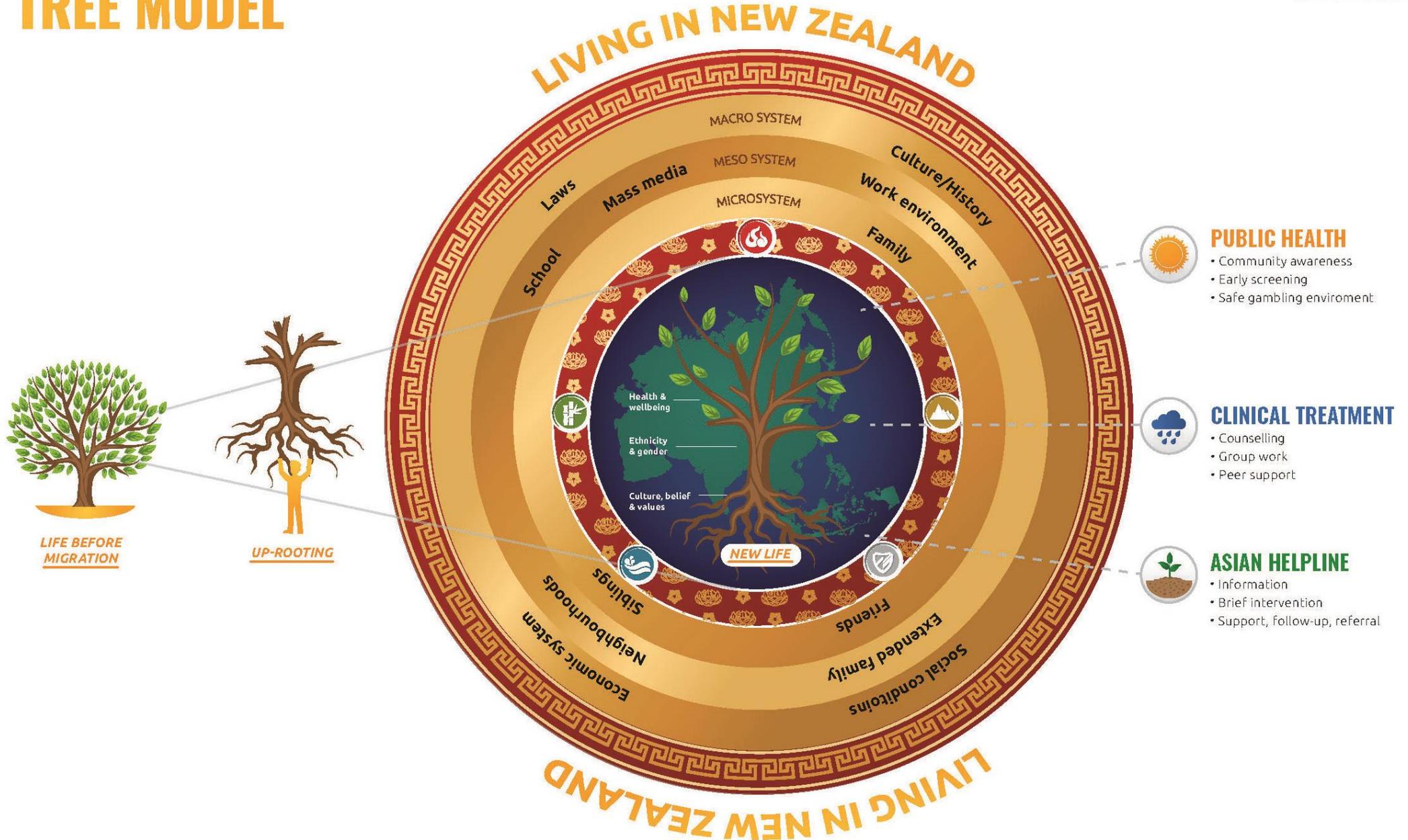


Doing what's best for society



Families and communities have a central role

INTEGRATED TREE MODEL



Challenges of Migration

New language

Loss of social networks and extended family

Adjusting to new protocols, rules, policy and legal system

Adjusting to a different physical environment and climate

Financial strain – unemployment and re-location costs

Loss of status

Role reversal conflicts

Discrimination

Acculturative stress / homesickness

Mental Health & Addiction issues

Family Violence

Why Asian Gamblers?

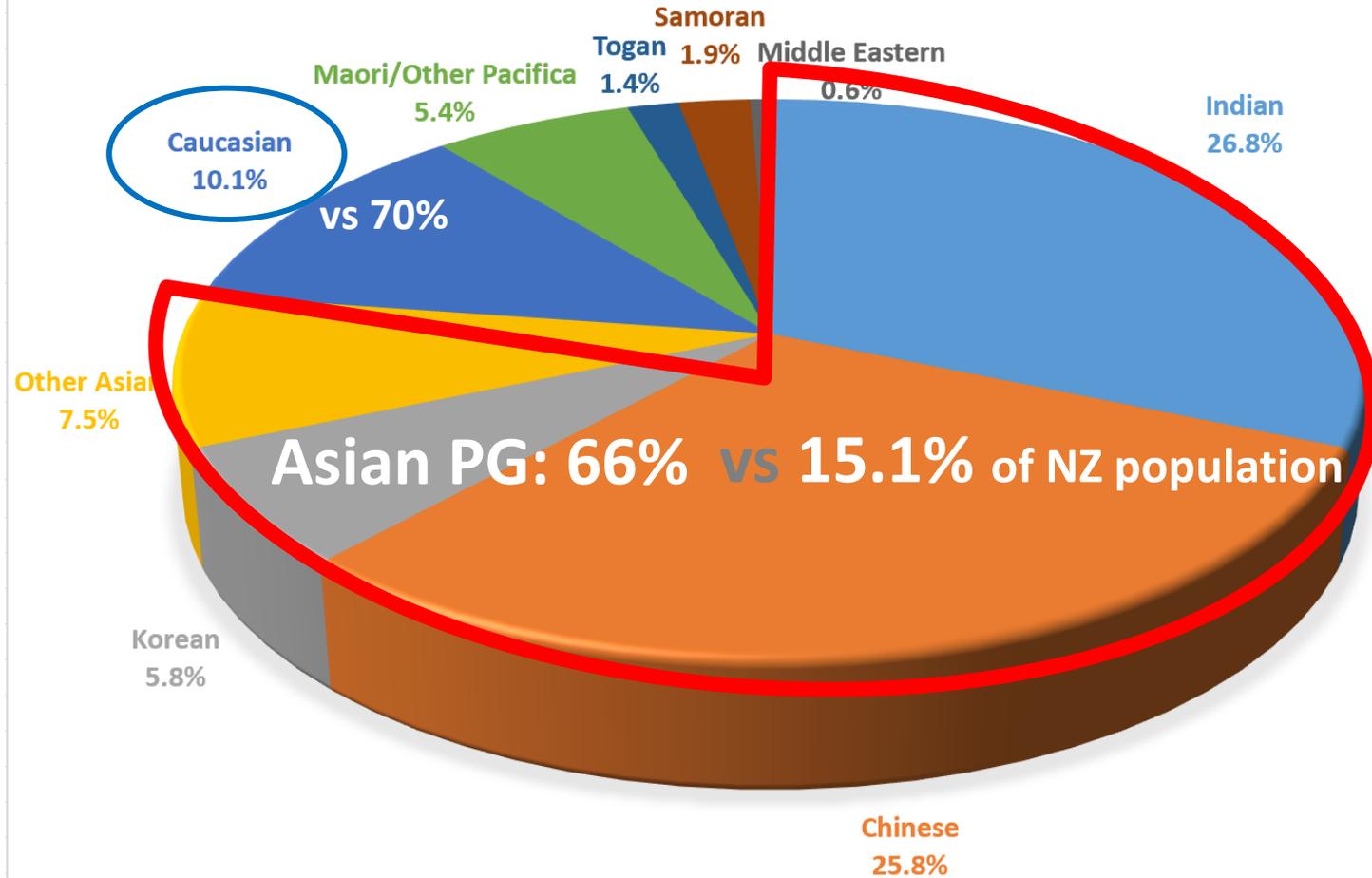
- To make money, escape from problems, excitement, entertainment, social activity, fantasy, charity, and low self-esteem.
- Asian people are less likely to seek help for their problems due to stigma and cultural implications.
- Novelty Effect.
- Some Chinese migrants might have a significant amount of cash and time on-hand, make them particularly vulnerable to developing gambling-related problems.
- Asian movies often glorify gambling. All top-grossing Asian movies have a gambling theme that imprints the power and status affiliated with a casino environment

There are specific contributing factors that put Asians more at risk of developing harmful gambling.



Asian Family Services
Together enriching lives

EXCLUSIONS BY ETHNICITY AT ONE OF NZ LARGEST CASINOS IN 2018



Gambling Harm Minimisation & Asian Helpline



Our Helpline is available in 8 different languages:

English, Mandarin, Cantonese, Hindi, Korean, Vietnamese, Thai and Japanese



Nationwide, professional & confidential services



Qualified and registered counsellors and social workers



Our team

Asian Family Services
Together enriching lives

Asian Wellbeing Services Team

Asian Wellbeing Services team consists of psychologists, counsellors, art therapists, family therapists, social workers, and nurse practitioner. They are all New Zealand trained and registered practitioners with an Asian background, from vast training modalities and at least five years of experiences; the number of spoken languages is also well-covered with the major languages such as Mandarin, Cantonese, Malaysian, Filipino, Hindi, Korean and Japanese.



Julia Zhu
Clinical Practice Leader



Carmen Wang
AWS Coordinator/
Practitioner



Eve Graham
Clinical Psychologist/HP



Rebecca Zhang
Psychologist



Scarlett Teng
Nursing Practitioner



Helena Yang
Nurse Specialist



Yvonne Tang
Social worker



Rupal Patel
Counsellor



Yi-Hsiang Lin
Counsellor



Ann Welcome
Counsellor



Frank Hu
Social worker



Mandy Shek
Counsellor



HaiYan Hu (Smile)
Social worker/Counsellor



Crystal Shan
Mental Health



Alex Wang
Counsellor



Alice Wang
Social Worker



Kumi Nakamura
Clinical Arts



Aashini Jutson
Counsellor



Jane Jin
Counsellor



HaiYing Dong
Social Worker



In Hwa Jung
Counsellor



Leah Rodriguez-
Palomer



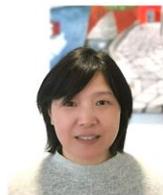
Billy Zhang
Counsellor



Oneness Tang
Counsellor



Chunyan Liu
DMT Counsellor



Lynn Yue Yang
Counsellor



Eli Avelino
Social Worker



Ting Ting Zhu
Social worker/Master of



Sunjin Heo
Counsellor



Angela Lim
Social Worker



Rushaina Variava
Wellbeing advisor



**ASHA
SERVICES**

The Asha Programme



Multi-language website

English 中文 日本語 한국어 Tiếng Việt हिन्दी

Emergency Assistance Phone: 0800 862 342

Asian Family Services
Together we're stronger
0800 862 342

HOME GET SUPPORT SERVICES EVENTS RESOURCES ABOUT US SUPPORT US CONTACT US

Popular Topics

Asian Wellbeing Services Asha Programme

Covid-19 2021 Calendar sharing

To refer yourself or someone else to Asian Family Services

Click Here for referral form

亚裔家庭服务中心AFS

Articles Videos Services

MAY

惊呆了！2020年新西兰人竟然在这件事上花掉了8100万！

一定要看！新西兰华人 GP 和你聊聊新冠疫苗的事儿（普通话）

一定要看！新西兰华人 GP 和你聊聊新冠疫苗的事儿（广东话）

MAY

99% 华人都不知道！新西兰新推出这两项免费医疗服务！

这群人做了一件被新西兰教育部点赞

Daily update on Social Media

#asianfamilyservices
#afs0800862342
#asianhelpline

The screenshot shows the Instagram profile for Asian Family Services (@asianfamilyservices). The profile includes the organization's logo, a bio stating they provide free, professional, confidential support for Asians in New Zealand, and statistics showing 351 posts, 198 followers, and 738 following. Below the bio are three promotional posts: one about feeling lost, one about getting help together, and one about a cat.

The screenshot shows the Facebook page for Asian Family Services (@NZAFS). The page features a large banner with Chinese text: "从现在开始, 关心自己的健康吧! 做幸福的主人!" and "亚裔家庭服务中心 为您和您的家庭 提供与健康相关的系列资讯。 找到适用自己的信息! 把有用的建议落实在您的生活中 并且坚持下去!". The page also shows navigation options like Home, About, Events, Photos, Videos, Community, Groups, and Posts.

The screenshot shows the top navigation bar of the Asian Family Services website. It includes language options (English, 中文, 日本語, 한국어, 粵語, Tiếng Việt, हिन्दी), an emergency assistance button with the phone number 0800 862 342, and social media icons for Facebook, Instagram, and YouTube.

The screenshot shows a LinkedIn post by Ivan Yeo, dated 15/03/2021. The post title is "Childhood Experiences of Living Within a Problem Gambling Family". The text describes Ivan's background, mentioning his family's Chinese traditions and his parents' successful small businesses. The post includes a "Short-lived childhood happiness" tag.



Image: Rahim, Malaysia. Image from online.

The screenshot shows the LinkedIn profile page for Asian Family Services (AFS). The profile includes the organization's logo, a bio stating their mission to work with Asian families, and statistics showing 116 followers. The page also features analytics for the profile, a post by Ivan Yeo, and a list of connections to follow.

The screenshot shows the YouTube channel page for Asian Family Services AFS. The channel has 106 subscribers and features a navigation menu with options for Home, Videos, Playlists, Channels, and About. The page displays several created playlists, including "Young Korean Kiwis Speak Out: Mental Wellbeing Matters", "Get Help Getting Through Together", "Webinar", "Webinar 6: Real People Real Journeys (toward Employment...)", "Webinar 4: Intercultural Communication", "Webinar 5: Health and Safety", "Webinar 1: Supporting Your", "Reach Out", "GHAW2020", and "Radio AM 93.6".




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Follow us



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AFS_0800862342



LinkedIn
asianfamilyservices



TikTok
afs0800862342



Instagram
asianfamilyservices



YouTube
asianfamilyservices

Thank You!



Asian Family Services
Together enriching lives





ME WHAI PĀPĀ NGĀ TAMARIKI

Kidz Need Dadz

MAHI TAHI PRESENTATION
CRAIG MCGUIGAN

Introduction

- ▶ Welcome and Thank you
- ▶ About me
 - ▶ Chartered Accountant to Support Worker
 - ▶ My Whanau
 - ▶ Outside of Mahi
- ▶ Kidz Needs Dadz History
 - ▶ Union of Fathers
 - ▶ Kidz Need Dadz today

All About KND Services

- ▶ 1:1 support and mentoring
- ▶ Groups
 - ▶ Tuesday night
 - ▶ Thursday Zoom
 - ▶ Saturday morning skate park
 - ▶ Sunday morning weights
- ▶ Court support
- ▶ Education- correspondence courses
- ▶ Events- Father's Day
- ▶ 0800 line (0800 KND 123)
- ▶ Other
 - ▶ Can do anything attitude/navigator

Case Studies

- ▶ Case Study 1
 - ▶ Court Support

- ▶ Case Study 2
 - ▶ 1:1 support for a young Dad

Demand for our Services

- ▶ Huge growth for our services
- ▶ Limited support for men
- ▶ The challenges of the Family Court
- ▶ Financial Barriers
- ▶ Limitations of Legal Aid

What we do Well

- ▶ The importance of CONNECTION
- ▶ Giving HOPE
- ▶ Breaking down barriers
- ▶ Bridging the “emotional gap”
- ▶ We are removed from the Family Court
- ▶ Providing ongoing support and mentoring
- ▶ We work well with agencies (OT, MOJ, Corrections...)

Our Challenges

- ▶ Funding
 - ▶ Being more diverse
 - ▶ Increasing the base
- ▶ Meeting the demand
- ▶ Collaboration
 - ▶ Opportunity to work more closely alongside other NFPs and NGOs
- ▶ Recognition for our Mahi

Next Steps/The Future

- ▶ Growing our revenue
- ▶ Growth strategy throughout the South Island
- ▶ Health and Wellbeing/Hauora Programmes
- ▶ Positive lobbying for changes such as Legal Aid
- ▶ Collaboration with partners/other organisations

Questions

